Saturday Night

拍数: 64

级数: Intermediate

编舞者: Ole Jacobson (DE) - November 2022

音乐: Saturday Night - Heidi Hauge

Toe-struts forward, behind, side, cross, hold

- 1,2 RF put on toe in front - remove R-heel
- 3.4 LF put on toe in front - remove L-heel
- 5,6 Cross RF behind LF - LF small step to L
- Cross RF over LF hold 7,8

Toe-struts forward, behind, side, cross, hold

- 1.2 LF put on toe in front - remove L-heel
- 3,4 RF put on toe in front - remove R-heel
- Cross LF behind RF RF small step to R 5,6
- 7.8 Cross LF over RF - hold

Monterey Turn 1/2 R 2x Touch

- 1,2 RF to R - 1/2 turn R on LF, place RF next to LF
- 3.4 Tap LF to L - place LF next to RF (weight on LF)
- 5-8 Repeat counts 1-4

Side, together, 1/4 turn R & step forward, hold, step, 1/2 turn R, step, hold

- RF step after R- LF move up to RF 1,2
- 3.4 1/4 turn R on LF, RF step forward - hold
- 5,6 LF step forward - 1/2 turn R both balls (weight at end on RF)
- 7,8 LF step forward - hold

Full turn L, stomps, rocking chair

- 1.2 1/2 L-turn L, step RF back - 1/2 L-turn L, step LF forward
- 3,4 RF step forward - LF stamp forward
- RF step forward weight recover on LF 5.6
- 7.8 RF Step back - weight recover on LF

Grape-vine R, stomp, heel, hook, point, flick

- 1,2 RF step to R - cross LF behind RF
- 3.4 RF step to R - LF next to RF (weight on RF)
- L-heel in front lift LF crossed in front of RF 5,6
- Touch LF to L lift LF crossed behind RF 7,8

Grape-vine L, stomp, heel, hook, point, hold

- 1,2 LF step to L- RF behind LF
- 3,4 LF step to L - RF next to LF (weight on LF)
- Put on the R-heel in front raise the RF crossed in front of the LF 5,6
- RF touch to R hold 7.8

Sailor-turn 1/2 R, scuff, step, lock, step, scuff

- 1,2 1/2 turn R on LF, place RF behind LF - LF small step to L
- RF step forward swing L-heel forward with floor scraper 3,4
- 5,6 LF step forward - cross RF behind LF
- 7.8 LF step forward - swing your RF heel forward with the floor scraper





墙数:4

.. and from the beginning

Restart 1: in the 3rd round restart (3 o'clock) dance until count 32, then start the dance again Restart 2: Restart in the 6th round (9 a.m.) Dance until count 24, then start the dance again