

Henrietta

COPPER KNOB
STEPPERS

拍数: 40 墙数: 2 级数: Improver
编舞者: Lana Wilson (USA) - 28 November 2022
音乐: Henrietta - Mel McDaniel : (CD: Greatest Hits)



LINDYS

1&2 Shuffle RLR to right side
3-4 Rock back on L, recover on R
5&6 Shuffle LRL to left side
7-8 Rock back on R, recover on L

SHUFFLE FWD, 1/2 PIVOT, SHUFFLE FWD, 1/2 PIVOT

9&10 Shuffle forward RLR
11-12 Step L forward, pivot 1/2 right weight on R (6:00)
13&14 Shuffle LRL forward
15-16 Step R forward, pivot 1/2 left weight on L (12:00)

KICK-BALL-CHANGE, ROCKING CHAIR, SHUFFLE FWD

17&18 Kick R forward step ball of R beside L, step L in place
19-20 Rock R forward, recover on L
21-22 Rock R back, recover on L
23&24 Shuffle forward RLR

KICK-BALL-CHANGE, ROCKING CHAIR, 1/4 PIVOT

25&26 Kick L forward, step ball of L beside R, step R in place
27-28 Rock L forward, recover on R
29-30 Rock L back, recover on R
31-32 Step L forward, pivot 1/4 right weigh on R (3:00)

HEEL, HOLD & 1/4 TURN HEEL, HOLD & ROCK FWD, RECOVER, STOMP

33-34& Touch L heel forward, hold, step L beside R
35-36& Turn 1/4 right touching R heel forward, hold, step R beside L (6:00)
37-40 Rock L forward, recover on R, stomp L beside R, hold

Begin Again

RESTART: Pattern 4 (starts at 6:00). Dance 1-22, then:

23-24 Step R in place, step L in place. Restart from beginning at 12:00

ENDING: Pattern 7 is last pattern. Starts at 6:00. Ends at 12:00 when music finally fades away.