

# Lost In Music

拍数: 32      墙数: 4      级数: Improver  
编舞者: Daniel Exton (UK) - November 2022  
音乐: Lost In Music - Sister Sledge



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## S1: Charleston Step, Kick Ball, Kick Ball

1, 2      Right foot forward, Kick Left foot out  
3, 4      Put Left foot down, Touch Right foot back  
5 & 6      Kick Right foot forward, Place Right foot down, Place Left foot down  
7 & 8      Kick Left foot forward, Place Left foot down, Place Right foot down

## S2: Side Rock, Cross Shuffle, Side Step, 1/4 Turn, Stomp, Touch

1, 2      Rock Right to Right side, Recover onto Left  
3 & 4      Cross Shuffle Right over Left  
5, 6      Step Left to Left side, 1/4 turn Right,  
7, 8      Stomp Right foot, Touch Left foot

## S3: Touch, Cross, Touch, Cross, Rocking Chair

1, 2      Touch Left to Left side, Cross Left over Right  
3, 4      Touch Right foot to Right Side, Cross Right over Left  
5, 6      Rock Forward on Left foot, Recover onto Right  
7, 8      Rock Back on Left foot, Recover onto Right

## S4: Rock, Recover, Shuffle 1/2 Turn, Jazzbox

1, 2      Rock forward on Left foot, Recover onto Right  
3 & 4      Left foot forward with 1/4 turn Left, Right foot next to Left, Left foot forward with 1/4 turn Left  
5, 6      Cross Right foot over Left, Left foot back  
7, 8      Right foot to Right side, Left foot next to Right

\* No Tags - No Restarts

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