

My Memories - Rumba

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Lucy Aprilina Lo (INA) - November 2022
音乐: Memories - Dj Ice



Tag 4 count on after wall 1 & wall 5 after 16 c

Restarts :

On wall 3 after 16 c (12.00)

On wall 5 after 16 c (3.00)+ tag

On wall 7 after 16 c (6.00)

SESSION 1: BASIC RUMBA- SPOT TURN- SIDE

1-2-3 -4 Step L to side- Rock R back- Recover on L – Step R to side

5-6-7-8 Hold – Turn $\frac{1}{4}$ R, Step L forward (3.00)- Turn $\frac{1}{2}$ R step R forward (9.00)- Turn $\frac{1}{4}$ R, Step L to side (12.00)

SESSION 2: HOLD- ROCK R BACK- RECOVER – RUMBA WALK- $\frac{1}{2}$ TURN-STEP BACK

1-2-3-4 Hold- Rock R back- Recover on L- Step R forward

5-6-7-8 Hold- Step L forward- Step R forward- $\frac{1}{2}$ turn L, step L back. (6.00)

RESTART HERE ON WALL 3 ,5 ,7

SESSION 3: HOLD- COLLECT & SWITCH- FORWARD- SPIRAL TURN- TRIPLE TURN

1-2-3-4 Hold- Collect Rf to Lf and switch weight on Rf- Step L forward – step R forward(Preparing for spiral turn)

5-6-7-8 Spiral turn to L – Step L forward- step R together & $\frac{3}{4}$ turn L (9.00)- step L to side

SESSION 4: HOLD – CUCARACHA

1-2-3-4 Hold – Sway to R – sway to L- Touch R beside L

5-6-7-8 Switch weight on Rf- Sway to L- sway to R- Touch L beside R – Switch weight on Lf (count 1 on wall 2)

Repeat Wall 2 ----Step R back 2-3-4-hold -6-7-8 ..

Tag 4 count : Sway R L R L

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Happy dancing

Last Update: 11 Apr 2023