

You Believe

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Elly Oktavia (INA) - November 2022
音乐: If You Believe - Strive to Be & Patch Crowe



Intro : 20 Counts

Restart On Wall 3 after 8 Counts (facing 06.00)

Tag 7 Counts after Wall 6 (facing 09.00)

*S1# FORWARD ROCK - BACKWARD LOCK SHUFFLE- BACKWARD ROCK - FORWARD LOCK SHUFFLE

1 - 2 (1) Step R forward, (2) Recover on L
3 & 4 (3) Step R backward , (&) Cross L over R, (4) Step R backward
5 - 6 (5) Step L backward, (6) Recover on R
7&8 (7) Step L forward, (&) Cross R behind, (8) Step L forward

Restart here on wall 3

*S2# SIDE MAMBO - ANCHOR STEP

1 & 2 (1) Step R to side, (&) Step L in place, (2) Close R together
3 & 4 (3) Step L to side, (&) Step R in place, (4) Close L together
5 & 6 (5) Step R slightly behind L, (&) Recover on L, (6) Recover on R
7 & 8 (7) Step L slightly behind R, (&) Recover on R, (8) Recover on L

S3# (DIAGONAL FORWARD SHUFFLE)RL - MAMBO TURN ½ TO RIGHT - RUN FORWARD LRL

1 & 2 (1) Step R diagonal forward to right, (&) Close L together, (2) Step R diagonal forward to right
3 & 4 (3) Step L diagonal forward to left, (&) Close R together, (4) Step L diagonal forward to left
5 & 6 (5) Step R forward, (&) Recover on L, (6) ½ Turn right Step R forward (6.00)
7 & 8 (7) Step L forward, (&)Step R forward, (8) Step L forward

*S4# 1/4 TURN DIAMOND - BOTAFOGO - CROSS SHUFFLE

1 & 2 (1) Cross R over L, (&)Step L to left side,(2)1/8 turn right step R back(7.30), (&) Hitch on L
3 & 4 (3)Step L back, (&)1/8 turn right step R to right side(9.00), (4)Cross L over R
5 & 6 (5) Cross R over L, (&)Step L ball to side,(6)Step R in place
7 & 8 (7)Cross L over R, (&)Step R to right side, (8)Cross L over R

TAG : At the end of wall 6: 8 counts (facing 09.00)

SIDE STEP - HIP SWAY RLRL - DRAG

1 2 3 4 (1) Step R to right side with sway hip to right, (2) Sway hip to left, (3) Sway hip to right, (4)
 Sway hip to left
5-7 Drag R beside L

Happy Dancing...

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