

Dancing In The Rainforest

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Martha Hall (USA) - November 2022
音乐: Hope (希望) - Yise Loo (羅憶詩) & Yi Qiang Luo (羅意強)



Intro: Start after 32 counts, on vocals. Weight is on left.

Tag: There is a 4-count tag that comes after wall 5 facing 6:00.

(1-8) NC basic R, Step L, Sweep R over L, Hinge turn R, Sweep L over R, R point.

1-2& Step RF to R side, Close LF behind RF, Cross RF over LF
3-4 Step LF to side, Sweep RF across LF
5-6 Make $\frac{1}{4}$ R with LF, make $\frac{1}{4}$ turn R with RF facing 6:00
7-8 Sweep LF across RF, Point RF out to R side

(9-16) Cross, Turn $\frac{1}{4}$ R, Shuffle $\frac{1}{2}$ R, Step, Sweep $\frac{1}{4}$ L, Crossing Shuffle

1-2 Cross RF over LF, Turn LF back $\frac{1}{4}$ R facing 9:00,
3&4 Shuffle $\frac{1}{2}$ R facing 3:00,
5-6 Step LF forward facing 3:00, Sweep RF $\frac{1}{4}$ L facing 12:00
7&8 Crossing Shuffle LF over RF

(17-24) Sway L, R, L, R, Behind, Diagonal shuffle back towards 10:30, Step L $\frac{1}{4}$ towards 7:30

1-2 Step LF to L with hip sway, Step RF to R side with hip sway
3-4 Step LF to L with hip sway, Step RF to R side with hip sway
5-6&7 Step back on LF facing 10:30 (5), Shuffle back RLR facing 10:30 (6&7)
8 Step LF opening $\frac{1}{4}$ L facing 7:30

(25-32) Step RF, Kick LF, LF Back, Point RF side, Sweep RF behind LF, Hook LF, Shuffle LRL

1-2 Step RF towards 7:30, Kick LF up slowly facing 7:30
3-4 Step LF back facing 7:30, Point RF to 12:00
5-6 Sweep RF behind LF facing 9:00, Hook LF facing 9:00
7&8 Shuffle LRL forward facing 9:00

Start the dance turning a $\frac{1}{4}$ towards 6:00 or 12:00 into the NC basic.

Tag after wall 5 - Two full left turns stepping R L R L

1-2-3-4 Step R turning back L $\frac{1}{2}$, Step L turning L $\frac{1}{2}$, Step R turning $\frac{1}{2}$, Step L turning $\frac{1}{2}$ facing 9:00. If you do not care for turns, take four steps, R L R L

This beautiful song is about our unity with the rainforest and without preserving it, we will not be.
