

# Dancing In The Rainforest

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Martha Hall (USA) - November 2022  
音乐: Hope (希望) - Yise Loo (羅憶詩) & Yi Qiang Luo (羅意強)



**Intro: Start after 32 counts, on vocals. Weight is on left.**

**Tag: There is a 4-count tag that comes after wall 5 facing 6:00.**

**(1-8) NC basic R, Step L, Sweep R over L, Hinge turn R, Sweep L over R, R point.**

1-2&      Step RF to R side, Close LF behind RF, Cross RF over LF  
3-4      Step LF to side, Sweep RF across LF  
5-6      Make  $\frac{1}{4}$  R with LF, make  $\frac{1}{4}$  turn R with RF facing 6:00  
7-8      Sweep LF across RF, Point RF out to R side

**(9-16) Cross, Turn  $\frac{1}{4}$  R, Shuffle  $\frac{1}{2}$  R, Step, Sweep  $\frac{1}{4}$  L, Crossing Shuffle**

1-2      Cross RF over LF, Turn LF back  $\frac{1}{4}$  R facing 9:00,  
3&4      Shuffle  $\frac{1}{2}$  R facing 3:00,  
5-6      Step LF forward facing 3:00, Sweep RF  $\frac{1}{4}$  L facing 12:00  
7&8      Crossing Shuffle LF over RF

**(17-24) Sway L, R, L, R, Behind, Diagonal shuffle back towards 10:30, Step L  $\frac{1}{4}$  towards 7:30**

1-2      Step LF to L with hip sway, Step RF to R side with hip sway  
3-4      Step LF to L with hip sway, Step RF to R side with hip sway  
5-6&7      Step back on LF facing 10:30 (5), Shuffle back RLR facing 10:30 (6&7)  
8      Step LF opening  $\frac{1}{4}$  L facing 7:30

**(25-32) Step RF, Kick LF, LF Back, Point RF side, Sweep RF behind LF, Hook LF, Shuffle LRL**

1-2      Step RF towards 7:30, Kick LF up slowly facing 7:30  
3-4      Step LF back facing 7:30, Point RF to 12:00  
5-6      Sweep RF behind LF facing 9:00, Hook LF facing 9:00  
7&8      Shuffle LRL forward facing 9:00

**Start the dance turning a  $\frac{1}{4}$  towards 6:00 or 12:00 into the NC basic.**

**Tag after wall 5 - Two full left turns stepping R L R L**

1-2-3-4      Step R turning back L  $\frac{1}{2}$ , Step L turning L  $\frac{1}{2}$ , Step R turning  $\frac{1}{2}$ , Step L turning  $\frac{1}{2}$  facing 9:00. If you do not care for turns, take four steps, R L R L

**This beautiful song is about our unity with the rainforest and without preserving it, we will not be.**