

# The Morning After

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver / Intermediate  
编舞者: A.A.J.D (UK) - November 2022  
音乐: The Morning After - Nathan Carter



## Intro: Start after instrumental

### Point Out, In, Heel, Hook, Step, Touch, Back, Kick, Coaster Scuff, Left Lock.

- 1 & 2 &      Point right toe to right side, touch right next to left, touch right heel forward, hook right across left.
- 3 & 4 &      Step right forward, touch left next to right, step left back, kick right forward.
- 5 & 6 &      Step right back, step left next to right, step right forward, scuff left forward.
- 7 & 8        Step left forward, lock right behind left, step left forward.

### Step, 1/4, Cross, 1/2 Hinge, Side, Together, Forward, Side, Together, Forward.

- 1 & 2        Step right forward, pivot 1/4 turn left, step right across left.
- 3 & 4        Make 1/4 turn right stepping left back, make 1/4 turn right stepping right to right side, step left across right.
- 5 & 6        Step right to right side, step left next to right, step right forward.
- 7 & 8        Step left to left side, step right next to left, step left forward.

### 1/4 Heel Struts, 1/4 Run, 1/4 Heel Struts, 1/4 Run.

- 1 & 2 &      Make 1/8 turn right stepping right heel forward, drop right toe, make 1/8 turn right stepping left heel forward, drop left toe.
- 3 & 4        Make 1/4 turn right stepping right left right.
- 5 & 6 &      Make 1/8 turn right stepping left heel forward, drop left toe, make 1/8 turn right stepping right heel forward, drop right toe.
- 7 & 8        Make 1/4 turn right stepping left right left.

### Rocking Chair, V Step, Vine Right Touch, Vine Left Touch.

- 1 & 2 &      Rock forward on right, recover onto left, rock back on right, recover onto left.
- 3 & 4 &      Step right to right diagonal, step left to left diagonal, step right back, step left back.
- 5 & 6 &      Step right to right side, step left behind right, step right to right side, touch left next to right.
- 7 & 8 &      Step left to left side, step right behind left, step left to left side, touch right next to left.

## Ending - Run to the front.

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