

Supernatural

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Supernatural - Barns Courtney



Count in ... On the words One Last Time.... Approx 4 Count/ 2 Seconds

Back Back 1/4 Point, 1/4 full spiral shuffle.

- 1-2 Walk back on Left, walk back on Right.
- &3-4 Make 1/4 turn to Left stepping Left to Left side, point Right toe to Right side. Make 1/4 turn to Right stepping forward on Right.
- 5-6 Step forward on Left, then make a full turn spiral to Right. (12.00)
- 7&8 Step forward on Right, step Left next to Right, step forward on Right.

Forward Close , Lock Step Back, 1/2 Sweep, Cross Side Close.

- 1-2 Step forward on Left. Step Right next to Left.
- 3&4 Step back on Left, lock Right across Right, step back on Left.
- 5-6 Make 1/2 turn to Right stepping forward on Right, sweep Left from back to front. (6.00)
- 7&8 Cross step Left over Right, step Right to Right side, make 1/8 turn to Left as you step Left next to Right slightly popping Right knee. (4.30)

Rock Step & Step , Step 1/2 pivot , 1/2 lock , Side.

- 1-2& Rock forward on Right, recover on Left, step Right next to Left.
- 3-4-5 Step forward on Left. Step forward on Right. Make 1/2 pivot turn to Left
- 6&7 1/4 turn to Left stepping Right to Right side, cross step Left over Right, 1/4 turn Left stepping back on Right.
- 8 Make 1/8 turn to Left stepping Left to Left side. (3.00)

Back Rock Side, Back Rock Side, Heel Toe Touch, Side, Close.

- 1&2 Cross rock Right behind Left, recover on Left, step Right to Right side.
- 3&4 Cross rock Left behind Right , recover on Right, step Left to Left side.
- &5-6 Twist Right heel in towards Left foot , Twist Right toe in towards Left foot. Touch Right toe next to Left foot.
- 7-8 Step Right to Right side, step Left next to Right.

Walk Walk Anchor Step, 1/2L, 1/4L, Behind & Cross.

- 1-2 Walk forward on Right, walk forward on Left.
- 3&4 Cross lock Right behind Left, recover on Left, step back on Right.
- 5-6 Make 1/2 turn to Left stepping forward on Left, make 1/4 turn to Left stepping Right to Right side. (6.00)
- 7&8 Cross step Left behind Right, step right to Right side, cross step Left over Right.

Ball Touch Side, Behind & Cross, Side, 1/4,1/4, 1/4 Chasse.

- &1-2 Step Right to Right side, touch Left next to Right, step Left to Left side.
- 3&4 Cross step Right behind Left, step Left to Left side, cross step Right over Left.
- 5-6 Step Left to Left side, make 1/4 turn to Right stepping Right to Right side. (9.00)
- 7-8&1 Make 1/4 turn to Right stepping Left to Left side, make 1/4 turn to Right stepping Right to right side, step Left next to Right step Right to Right side.(3.00)

Touch Kick Ball Cross, Side, Touch Kick Ball Cross & Cross

- 2-3& Touch Left next to Right with slight dip of both knees, kick Left forward slightly to Left diagonal, step Left in place
- 4-5 Cross step Right over Left, step Left to Left side.

- 6-7 Touch Right next to Left with slight dip of both knees, kick Right forward slightly to Right diagonal.
- &&&1 Step Right in place, cross step Left across Right, step Right to right side, cross step Left over Right.

1/4, Step 1/2, Step 1/2, Forward Close.

- 2-3 Make 1/4 turn to Right stepping forward on Right. Step forward on Left (6.00)
- 4-5 Make 1/2 pivot turn to Right, step forward on Left (12.00)
- 6-7 Make 1/2 pivot turn to Right, step forward on Left. (6.00)
8. Step Right next Left. (Then Begin Again)

Restart on Wall 2 & 5

**Dance Up To and including Count 6 Section 2 then Cross Step Left Over Right , Step Back on Right then Begin Again On Wall 2
But On Wall 5 Dance The Tag and Then Restart.**

Tag Danced Before Restart on Wall 5 .

Reverse Rocking Chair.

- 1-2 Rock back on Left, recover on Right.
- 3-4 Rock forward on Left, recover back on Right. (6.00)
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