

Mercies in Disguise

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Doug Miranda (USA) & Jackie Miranda (USA) - November 2022
音乐: Blessings - Laura Story



Dance starts after 16 counts – CW rotation

Set 1 - Sway, Sway, Step Side, Rock Behind, Recover, ¼ Turn; Step Forward, Pivot ½ Turn, ¼ Turn Sway, Sway

1-3 Sway R, sway L, step R to R side
4&5 Cross rock L behind R, recover on R, turn ¼ L stepping on L
6& Step forward on R, pivot ½ turn L stepping on L
7-8 Turn ¼ L as you sway R, sway L

Set 2 - Step Forward, Full Turn Forward; Step Forward, ½ Turn, Step Forward; ½ Turn, Step Lock Back, Step Drag Back

1,2&3 Step forward on R, turn full forward by turning ½ turn R stepping back on L, ½ turn R stepping forward on R,
Step forward on L
4&5 Step forward on R, ½ turn L stepping forward on L, step forward on R
&6 Turn ½ turn R stepping back on L, step back on R facing at a slight angle to R
&7,8 Cross L over R, step back on R at slight angle, drag L next to R straightening up to wall

Set 3 - Cross Step, Step Side, Cross Step Behind, Sweep Behind, Step Side, Cross Sweep, ¼ Turn Cross, Step Side, Behind, Sweep Step Back, Sweep Step Back

1&2 Cross step R over L, step L to L side, cross R behind L as you begin to sweep L
3&4 Cross step L behind R, step R to R side, cross L over R as you begin to sweep R
5&6 ¼ turn L crossing R over L, step L to L side, cross step L behind R as you begin to sweep
7-8 Step L back, sweep R back (weight on R) with L touch slightly forward

Set 4 - Full Turn Forward, Step Lock Forward (with Arm Gesture); Rock Forward, Recover, ½ Turn Sailor Cross

1&2 Turn full L turn forward by stepping forward on L, ½ turn L back stepping back on R, turn ½ L stepping forward on L
3&4 Step forward on R, step cross L behind R, step forward on R (raise R arm up as you move forward)
5-6 Rock forward on L as you lower R arm and raise L arm, recover on R as you lower L arm
7&8 Sweep into a 1/2 turn L stepping L to L side, step R to R, cross L over R

Start Again!

Ending: You will already be facing the front wall at the end of the dance; complete the last set of 8 of Set 4 and slowly step R to R side as you raise your arms to waist level from your sides