Pretty Ugly Mambo

拍数: 32

级数: Beginner

编舞者: Charlotte Steele (SA) - November 2022

音乐: Pretty Ugly - TIMMS

Intro: Start on vocals. No tags or restarts.

S.1 [1-8] Basic Fwd and Back and Side Mambo L,R

- 1&2 Rock fwd on L, Recover onto R, step L next to R (weight on L)
- 3&4 Rock back on R, Recover onto L, step R next to L (weight on R)
- 5&6 Rock L to left side, Recover onto R, step L next to R (weight on L)
- 7&8 Rock R to right side, Recover onto L, step R next to L (weight on R)

S.2 [9-16] Quick Step-Slide left, Cross Mambo R,L

- 1&2 Small step L to side[1], slide R next to L[&], small step L to side[2],
- &3& Slide R next to L[&], small step L to side[3}, slide R next to L[&],
- 4& Small step L to side[4], hold[&] (weight on L)
- 5&6 Cross rock R over L[5], Recover onto L[&], step R next to L[6] (weight on R)
- 7&8 Cross rock L over R[7], Recover onto R[&], step L next to R[8] (weight on L)

S.3 [17-24] Basic Fwd and Back and Side Mambo R,L

- 1&2 Rock fwd on R, Recover onto L, step R next to L (weight on R)
- 3&4 Rock back on L, Recover onto R, step L next to R (weight on L)
- 5&6 Rock R to right side, Recover onto L, step R next to L (weight on R)
- 7&8 Rock L to left side, Recover onto R, step L next to R (weight on L)

S.4 [25-32] Quick Step-Slide right, Cross Mambo L,R. 1/4 Turn Right

- 1&2 Small step R to side[1], slide L next to R[&], small step R to side[2],
- &3& Slide L next to R[&], small step R to side[3}, slide L next to R[&],
- &4 Small step R to side[4], hold[&] (weight on R)
- 5&6 Cross rock L over R[5], Recover onto R[&], step L next to R [6] (weight on L)
- 7&8 Cross rock R over L, Recover onto L [&], turn ¼ right stepping fwd on R (wt on R) (3:00)

Repeat

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