

Dance to Break the Ice

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Tom Inge Soenju (NOR) - November 2022
音乐: Let's Have a Dance - Paschal McAnenly



Intro: 16 count intro.

Sequence: Repeating sequence.

Tag/Restart: 1 tag repeated 3 times, once after wall 2, and twice after wall 4.

End: Dance as normal until music ends.

SECTION 1: HEEL-HOOK-HEEL-TOGETHER x2 (R/L), HEEL SWITCHES, SHUFFLE

1&2& Touch R heel in front, Hook RF across LF, Touch R heel in front, Step RF next to LF
3&4& Touch L heel in front, Hook LF across RF, Touch L heel in front, Step LF next to RF
5&6& Touch R heel in front, Step RF next to LF, Touch L heel in front, Step LF next to RF
7&8 Step RF fwd, Step LF next to RF, Step RF fwd

SECTION 2: FWD MAMBO STEP, B WALK x2, COASTER STEP, SYNC ROCKING CHAIR

1&2 Rock LF fwd, Transfer weight onto RF, Step LF back
3-4 Step RF back, Step LF back
5&6 Step RF back, Step LF next to RF, Step RF fwd
7&8& Rock LF fwd, Transfer weight onto RF, Rock LF back, Transfer weight onto RF

SECTION 3: FWD WALK x2, STEP, ¼ R TURN, CROSS, SIDESTEP, BEHIND-SIDE-CROSS SHUFFLE

1-2 Step LF fwd, Step RF fwd
3&4 Step LF fwd, ¼ R turn (weight on RF), Cross LF over RF [03:00]
5 Step RF to R side
6&7&8 Step LF behind RF, Step RF next to LF, Step LF over RF, Step ball of RF behind LF, Cross LF over RF

SECTION 4: B MAMBO BOX, CHASE TURN, STOMP IN PLACE (L-R-L)

1&2 Step RF to R side, Step LF next to RF, Step RF back
3&4 Step LF to L side, Step RF next to LF, Step LF fwd
5&6 Step RF fwd, ½ L turn (weight on LF), Step RF fwd [09:00]
7&8 Step (stomp) LF, RF, LF in place

TAG: ONCE AFTER 2nd WALL (TOT ½ TURN) AND TWICE AFTER 4th WALL (TOT FULL TURN), BOTH AT 06:00

SECTION 1: FWD DIAG SHUFFLE x2, CHASE TURN, FWD SHUFFLE

1&2 Step RF to R diag, Step LF next to RF, Step RF to R diag
3&4 Step LF to L diag, Step RF next to LF, Step LF to L diag
5&6 Step RF fwd, ½ L turn (weight on LF), Step RF fwd
7&8 Step LF fwd, Step RF next to LF, Step LF fwd

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

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Abbreviations: BPM: Beats per minute, C: Count, R: Right, L: Left, F: Foot, fwd: Forward, B: Back, Sync: Syncopated, Diag: Diagonal, Tot: Total

Last Update: 15 Jan 2023

