

Get It

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Amy Glass (USA) & Darren Bailey (UK) - September 2022
音乐: Go Get It - Ruby Velle : (iTunes)



#16 Count Intro.

TAG: 16 Count Tag at the end of walls 1, 3, 4 (facing 9:00, 3:00, 12:00)

[1-8] Rock, Recover, Behind Side Cross, Rock, Recover, 1/4 L Coaster

- 1-2 Rock RF to R diagonal, Recover weight on LF
- 3&4 Step RF behind LF, Step LF to L, Cross RF over LF
- 5-6 Rock LF to L side, Recover weight on RF
- 7&8 Turn 1/4 L while stepping LF behind RF, Step RF next to LF, Step LF forward

[9-16] Out, Out, Shuffle Back, Out, Out, Shuffle Forward

- 1-2 Step RF out to R diagonal, Step LF out to L side
- 3&4 Step RF back, Close LF next to RF, Step RF back
- 5-6 Step LF out to back L diagonal, Step RF out to R side
- 7&8 Step LF fwd, Close RF next to LF, Step LF Fwd

[17-24] Cross Rock, Recover, & Touch & Touch x2

- 1-2 Cross rock RF over LF, Recover weight on LF
- &3&4& Step RF to R, Touch L toe next to RF, Step LF to L, Touch R toe next to LF, Step RF to R
- 5-6 Cross rock LF over RF, Recover weight on RF
- &7&8& Step LF to L, Touch R toe next to LF, Step RF to R, Touch L toe next to RF, Step LF to L

[25-32] Walk, Walk, Shuffle, Walk, Walk, Shuffle (Making a Full Counter-Clockwise Turn L)

- 1-2 Cross RF over LF making 1/8 L, Walk LF making 1/8 L (6:00)
- 3&4 Step RF fwd making 1/8 L, Step LF Fwd making 1/8 L, Step RF fwd (3:00)
- 5-6 Step LF fwd making 1/8 L, Step RF Fwd making 1/8 L (12:00)
- 7&8 Step LF fwd making 1/8 L, Step RF Fwd, Step LF fwd making 1/8 L (keep body angled to R diagonal) (10:30)

Tag: 16 Counts - Following walls 1, 3, 4, facing 9:00, 3:00, 12:00

[1-8] Step, Pivot 1/2 L, Out, Out, Step Pivot 1/4 R, Out, Out

- 1-2 Step RF Fwd, Pivot 1/2 L
- &3-4 Step RF Out, Step LF Out, Hold/Pose (Keep weight centered, ready to use LF next)
- 5-6 Step LF Fwd, Pivot 1/4 R
- &7-8 Step LF Out, Step RF Out, Hold/Pose (Keep weight centered, ready to use RF next)

[9-16] Step, Pivot 3/4 L, Out, Out, Heel Switches x4

- 1-2 Step RF Fwd, Pivot 3/4 (to wall the tag started on)
- &3-4 Step RF Out, Step LF Out, Hold/Pose
- 5&6& Touch R Heel Fwd, Close RF next to LF, Touch L Heel Fwd, Close LF next to RF
- 7&8& Touch R Heel Fwd, Close RF next to LF, Touch L Heel Fwd, Close LF next to RF