

Ulayeh

拍数: 32 墙数: 4 级数: Improver
编舞者: Juan C. Gonzalez (USA) - October 2022
音乐: Ulayeh (feat. Nouamane Belaiachi) - Sebastián Yatra



64 Count intro, starts with the hard beat at the start of the second verse

No Tags! No Restarts!!

[1-8] Rock-Recover, Behind-Side-Cross, 1/8 Rock-Recover with Heel Hook, Shuffle

1-2 Step RF to the side and sway hips to the right (1), Recover weight on LF sway hips to the left (2)

(Note: after wall 1 add 1/8 turn left when you step RF to the diagonal forward) 12:00

3&4 Cross RF behind LF (3), Step LF to the side (&), Cross RF over LF (4) 12:00

5-6 Make 1/8 turn left rock LF to the diagonal forward (5), Recover weight on RF as you cross LF over right leg at shin level (6) 10:30

7&8 Step LF forward (7), Step RF next to LF (&), Step LF forward 10:30

[9-16] 1/8 Turn Left, Close, Cross Shuffle, 2x Hip Walks

1-2 Make 1/8 turn left step RF to the side (1), Step LF next to RF (2) 9:00

3&4 Cross RF over LF (3), Step LF to the side (&), Cross RF over LF (4) 9:00

5&6 Make 1/8 turn left touching L toe forward bumping L hip forward (5), Bump L hip backward (&), Bump L hip forward taking weight on LF (6) 7:30

7&8 Touch R toe forward bumping R hip forward (7), Bump R hip backward (&), Bump R hip forward taking weight on RF (8) 7:30

[17-24] 2x Rock-Recovers with 1/4 Turn Right, 1/8 Cross-Side, Behind-Side-Cross

1-2 Make 1/4 turn right rock LF to the side (1), Recover weight on RF (2) 10:30

3-4 Make 1/4 turn right rock LF to the side (3), Recover weight on RF (4) 1:30

5-6 Cross LF over RF (5), Make 1/8 turn left step RF to the side (6) 12:00

7&8 Cross LF behind RF (7), Step RF to the side (&), Cross LF over RF (8) 12:00

[25-32] 1/8 Rocking Chair, 1/2 Pivot Turn Left, 2x 1/8 Paddle Turn Left

1-4 Make 1/8 turn right rock RF forward (1), Recover weight on LF (2), Rock RF forward (3), Recover weight on LF (4) 1:30

5-6 Step RF forward (5), Make 1/2 turn left stepping onto LF (6) 7:30

7-8 Touch RF to the side and make 1/8 turn left (7), Touch RF to the side and make 1/8 turn left (8)

[Fun option for walls 2, 3, 6, 7, 10, 11: Make 1/8 turn left jump (7), Make 1/8 turn left jump (8)] 4:30

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