

Something You Proof

COPPER KNOB
BY STEPHEN HETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Evan VanScoyk (USA) & Rob Holley (USA) - November 2022
音乐: You Proof - Morgan Wallen : (Single - iTunes)



Intro: 16 (start vocals)

[1-8] STEP SIDE, HOLD, SAILOR STEP (2X), BEHIND-SIDE-CROSS

1-2 Step R to R side (1), hold (2)
3&4 Step L behind R (3), step R to R side (&), step L to L side (4)
5&6 Step R behind L (5), step L to L side (&), step R to R side (6)
7&8 Step L behind R (7), step R to R side (&), cross L over R (8)

[9-16] ¼ TURN MONTEREY, JAZZ BOX

1-2 Point R toe to R side (1), step R next to L (2),
3-4 Turn ¼ R & point L toe to L side (3), step L next to R (4) (3:00)
5-8 Cross R over L (5), step L back (6), step R to R side (7), step L forward (8)

[17-24] TOE, KICK, COASTER, TOE, KICK, COASTER

1-2 Touch R toe next to L (with knee turned inward) (1), kick R forward (2)
3&4 Step R back (3), step L back (&), step R forward (4)
5-6 Touch L toe next to R (with knee turned inward) (6), kick L forward (7)
7&8 Step L back (7), step R back (&), step L forward (8)

[25-32] HIP BUMPS R/L/R, HIP BUMPS L/R/L, ½ TURN PIVOT, KICK-BALL-CHANGE

1&2 Step R slightly forward & bump R hip (1), bump L hip back (&), bump R hip forward (2)
3&4 Step L slightly forward & bump L hip (3), bump R hip back (&), bump L hip forward (4)
5-6 Step R forward (5), pivot ½ turn L (6) (9:00)
7&8 Kick R forward (7), step R next to L (&), step L next to R (8)

Restart here during wall 3, while facing 3:00

[33-40] TOUCH HEEL FORWARD, HOLD, COASTER, STEP FORWARD, SWIVEL HEELS L/R, ¼ PIVOT LEFT

1-2 Touch R heel forward (1), hold (2)
3&4 Step R back (3), step L back (&), step R forward (4)
5&6 Step L forward (5), swivel both heels L (&), swivel both heels R (weight stays on L) (6)
7-8 Step R forward (7), pivot ¼ turn L (8) (6:00)

[41-48] KICK BALL POINT (2X), HIP BUMPS R/L/R/L, ¼ PIVOT LEFT

1&2 Kick R forward (1), step R next to L (&), point L to L side (2)
3&4 Kick L forward (3), step L next to R (&), point R to R side (4)
5&6& Step R to R side & bump hips R (5), bump hips L (&), bump hips R (6), bump hips L (&)
7-8 Step R forward (7), pivot ¼ turn L (8) (3:00)

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