

Move With Me

拍数: 32 墙数: 4 级数: Improver
编舞者: Michelle Wright (USA) - November 2022
音乐: Move with Me - Mad Circuit, LG (TEAM GENIUS) & Sereda



Choreographed especially for New York state of line weekend guest instructor lessons.
Thank you Rosie Multari for inviting me to teach!

Dance starts 32 counts in
Restarts on walls 4 and 10 after 16 Counts

Section 1: R&L Dorothy steps, R&L toe switches, R forward touch, R hip bump

1,2& Step R to R diagonal, Step L behind R, Step R to R side
3,4& Step L to L diagonal, Step R behind L, Step L to L side
5&6& Touch R to R side, Step R next to L, Touch L to L side, Step L next to R
7&8 Touch R forward, Bump R hip forward, Recover back on L

Section 2: Rock recover, ¼ R step, Crossing shuffle, R&L side body rolls or hip rolls

1,2& Step R forward, Recover on L, ¼ turn R stepping R to R side (3:00)
3&4 Cross L over R, step R to R side, Cross L over R
5,6 Step R to R side as you roll your body to the R or roll hips counter clockwise from L to R,
Touch L to L diagonal
7,8 Step L to L side as you roll your body L or roll hips clockwise from R to L, Touch R to R
diagonal

Optional styling on walls 3, 7 and 11 for 5-8: music says take a ride. Put R hand forward and rotate it L and R like you are driving with side body roll instead of hip rolls.

Restart here on wall 4 and 10

Section 3: Weave, Hold, Ball cross. 1/2 heel bounce turn, Coaster Step

1&2 Cross R behind L, Step L to L side, Cross R over L with slightly bent knees
3&4 Hold, Step L to L side, Cross R over L with slightly bent knees
5,6 ¼ turn L bouncing both knees up lifting heels, ¼ turn bouncing both knees up lifting heels
(9:00)
7&8 Step L back, Step R next to L, Step L forward

Section 4: Kick, Ball side w/ body roll, Ball side w body roll, L and R hip bump, Counterclockwise hip roll, R flick

1&2 Kick R forward, Step R next to L, Step L to L side as you roll your body to the L side (can
leave out roll)
3&4 Hold as you finish the side body roll, Step R next to L, Step L to L side
5,6 Bump Hips L, Bump hips R
7,8 Roll Hips Counterclockwise, Flick R foot back as you put weight on L

(Body rolls can be replaced with holds)

End of dance!

Any questions about dance or step changes for different levels please email Michellelinedance@gmail.com

Last Update: 14 Nov 2022