

# 5-1-5-0

拍数: 48                      墙数: 4                      级数: High Intermediate  
编舞者: Krista Young (USA) - November 2022  
音乐: 5-1-5-0 - Dierks Bentley



Intro: 32 counts, start with lyrics

Sequence: Lyric Dance, TAG, Lyric Dance, Instrumental Dance, Lyric Dance, TAG, Lyric Dance x2, Instrumental Dance [1-8], Instrumental Dance x2, Lyric Dance x2, Instrumental Dance

## Lyric Dance:

### [1-8] Step Heel, Step Toe, Shuffle Step, Paddle Turns

1-2                      Step L ft fwd, touch R heel fwd  
3-4                      Step R ft back, touch L toe back  
5&6                     Step L ft fwd, step R ft together, step L ft fwd  
7-8                     Two paddle turns using R ft, completing total of ¼ turn L

### [9-16] Step Touch, ¼ Turn Box Step, Scuff Hip Bump

1-2                     Step R ft in front of L, touch L ft to L side  
3-4                     Step L ft in front of R, step R ft back into ¼ turn L  
5-6                     Step L ft fwd, scuff R ft fwd  
7&8                     Touch R toe fwd, R hip up, R hip down

### [17-24] Repeat [1-8] on Opposite Side

1-2                     Step R ft fwd, touch L heel fwd  
3-4                     Step L ft back, touch R toe back  
5&6                     Step R ft fwd, step L ft together, step R ft fwd  
7-8                     Two paddle turns using L ft, completing total of ¼ turn R

### [25-32] Repeat [9-16] on Opposite Side

1-2                     Step L ft in front of R, touch R ft to R side  
3-4                     Step R ft in front of L, step L ft back into ¼ turn R  
5-6                     Step R ft fwd, scuff L ft fwd  
7&8                     Touch L toe fwd, L hip up, L hip down

## Instrumental Dance:

### [1-8] Shuffle Step, Rock-Rec, Shuffle Step, Rock-Rec

1&2                     ¼ turn R into step L ft to L side, step R ft together, step L ft to L side  
3-4                     Rock back on R (behind L ft), recover on L  
5&6                     Step R ft to R side, step L ft together, step R ft to R side  
7-8                     Rock back on L (behind R ft), recover on R

### [9-16] Shuffle Step, ¼ Turn, Shuffle Back, Step Step

1&2                     Step L ft to L side, step R ft together, step L ft to L side  
3-4                     ¼ turn R into step back on R ft, ½ turn R into step fwd on L ft  
5&6                     Step back on R, step together on L, step back on R  
7-8                     Step back on L, step back on R (can make these knee pops for added flair)

TAG: A couple times in the music (noted in "Sequence" at the top) there is an extra 7&8 count in the music – you will do an extra hip bump.