

Bandana

拍数: 32 墙数: 4 级数: Advanced
编舞者: Hiroko Carlsson (AUS) - November 2022
音乐: Bandana - Fireboy DML & Asake : (Spotify /Apple Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 16 count)

[S1] Modified Figure 8 into Step-Pivot 1/2L-1/2L-Together

1 2& Big step R to the side, Step L behind R, Make a ¼ turn right stepping forward on R (3:00)
3&4 Step forward on L, Make a ½ turn right recover weight on R, Make a ¼ turn right stepping L to the side (12:00)
5&6 Step R behind L, Make a ¼ turn left stepping forward on L (9:00), Step forward on R
7&8 Make a ½ turn left recover weight on L (3:00), Make a ½ turn left stepping back on R (9:00), Step L together

[S2] Step-Lock-Step into 1/2R Pencil-Together, Back-Lock-Back into 1/4L Pencil-Together, Fwd Shuffle

1& Step forward on R, Lock L behind R
2 3 Step forward on R making a ½ right pencil turn (3:00), Stomp L together
4& Step back on R, Lock L over R
5 6 Step back on R making a ¼ left pencil turn (12:00), Stomp L together
7&8 Shuffle forward on R-L-R (12:00)

[S3] Cross Rock-Side, Cross Rock-Scissor Cross-Hinge 1/2R Turn, Cross Rock, Side-Ball-

1&2 Rock L over R, Replace weight on R, Step L to the side
3&4& Rock R over L, Replace weight on L, Step R to the side, Step L next to R
5&6 Cross R over L, Make a ¼ turn right stepping back on L (3:00), Make a ¼ turn right stepping R to the side (6:00)
7&8& Rock L over R, Replace weight on R, Step L to the side, Ball step R next to L-

[S4] -Diagonal Kick-Ball-Fwd Rock, Replace-Ball-Cross Rock-Diagonal Kick-Ball-Fwd, Triple Full Turn L w/ Hitch 1/8L

1&2 - Diagonally kick forward on L (4:30), Ball step L beside R, Rock forward on R
3& Replace weight on L, Square up to 6:00 stepping R to the side
4& Rock/cross L over R, Replace weight on R
5&6 Diagonally kick forward on L (4:30), Ball step L beside R, Step forward on R
7&8 Cross L over R, Make a ½ turn left stepping back on R (10:30), make a ½ turn left stepping forward on L (4:30)
& Make a 1/8 turn left square up to 3:00 on ball of L foot hitch R knee (3:00)

No tags or restart

Ending suggestion: The last wall starts facing 12:00. Dance up to the end (3:00).
Make an extra ¼ turn left stepping back on R (12:00)

(updated: 9/Nov/22)