

The Lost Years

拍数: 48 墙数: 2 级数: Improver - Waltz
编舞者: Rafel Corbí (ES) - November 2022
音乐: The Lost Years - Stephanie Quayle



INTRO: 24 counts

LEFT TWINKLE, RIGHT TWINKLE

1-3 Step L over R, step R beside L, step L beside R 12:00
4-6 Step R over L, step L beside R, step R beside L

BASIC 1/2 TURN LEFT, BASIC BACK

7-9 Step L forward turning $\frac{1}{4}$ turn left, make $\frac{1}{4}$ turn left stepping R slightly back, step L slightly back 03:00
10-12 Step R back, close L beside R, step R beside L

FORWARD POINT HOLD, BACK POINT HOLD

13-15 Step L forward, Point R to right side, Hold
16-18 Step R back, Point L to left side, Hold

BASIC 1/4 TURN LEFT, CROSS SIDE BEHIND

19-21 Step L forward making a $\frac{1}{4}$ turn left, close R beside L, step L beside R 3:00
22-24 Step R over L, step L to right side, step R behind L

LONG STEP LEFT DRAG AND TOUCH, FULL TURN RIGHT

25-27 Long step L to left side, drag R beside L, touch R beside L
28-30 Make a $\frac{1}{4}$ turn right and step R forward, make $\frac{1}{2}$ turn right and step L back, make a $\frac{1}{4}$ turn right and step R to side

DIAGONAL DIAMOND (3/4 Turn Left)

31-33 Cross L over R, step R to right side, Step L back 1:30
34-36 Step R back, step L to side (looking 10:30), step R forward
37-39 Cross L over R, step R to right side, Step L back and side looking at 7:30
40-42 Step R behind L, step L forward (looking 6:00), step R forward

BASIC FORWARD, BASIC BACK

43-45 Step Forward L, step R next to L, Step L next to R
46-48 Step R back, step L next to R, step R next to L 6:00

Start Again
