# No Stopping Us

**拍数:** 64 **墙数:** 4 **级数:** Phrased High Beginner
**编舞者:** John Severinsen (NZ) - October 2022
**音乐:** I'm Good (Blue) - David Guetta & Bebe Rexha

**Intro: 32 Counts**
**Sequence: A, A, A, B, B, A, A, A, B, A, A**

**PART A (32 counts)**
**[1-8] Heel switches, Side switches. Jazz box cross.**

| | |
|---|---|
| 1&2&3&4& | R Heel Fwd, R Heel Together, L Heel Fwd, L Heel Together, Point R Right, R Together, Point L Left, L Together. |
| 5, 6, 7, 8 | Cross R Over L, Step Back on L, Step R to Right, Cross L Over R. |

**[9-16] Side rock, Recover, Cross shuffle. ¼ R, ¼ R, Cross shuffle.**

| | |
|---|---|
| 1, 2, 3 & 4 | Step R to Right, Recover on L, Cross R over L, Step L Left, Cross R over L. |
| 5, 6, 7 & 8 | ¼ Turn R stepping back on L [03:00], ¼ Turn R stepping R to Right [06:00], Cross L over R, Step R Right, Cross L over R. |

**[17-24] Step R, Hold, L Together, Step R, Touch. ¼ Left, ½ Left, Coaster step.**

| | |
|---|---|
| 1, 2 & 3, 4 | Step R to Right, Hold, Step L Beside R, Step R to Right, Touch L beside R. |
| 5, 6, 7 & 8 | ¼ Turn L Step L Fwd [03:00], ½ Turn L Step R Back [09:00], Step L Back, R Together, Step L Fwd. |

**[25-32] Kick ball change, Kick ball change. Rock, Recover, Touch, Double Clap.**

| | |
|---|---|
| 1&2, 3&4 | Kick R Fwd, Step R Next to L, Step L Next to R, Kick R Fwd, Step R Next to L, Step L Next to R. |
| 5, 6, 7 & 8 | Step R Fwd, Recover on L, Touch R Beside L, Clap, Clap. |

**PART B (32 counts)**
**[1-8] K-Step scuff**

| | |
|---|---|
| 1, 2, 3, 4, | Step R Fwd on Right Diagonal, Touch L beside R, Step L Back on Left Diagonal, Touch R beside L |
| 5, 6, 7, 8 | Step R Back on Right Diagonal, Touch L beside R, Step L Fwd on Left Diagonal, Scuff R Fwd. |

**[9-16] Step, Clap, Step, Clap, Step, Clap, Step, Clap.**

| | |
|---|---|
| 1, 2, 3, 4, | Step R Fwd bending knees (to dip down), Clap, Step L Fwd (back to normal height), Clap. |
| 5, 6, 7, 8 | Step R Fwd bending knees (to dip down), Clap, Step L Fwd (back to normal height), Clap. |

**[17-24] Slow ¼ Pivot. Slow ¼ Pivot.**

| | |
|---|---|
| 1, 2, 3, 4, | Step R Fwd, Hold, Pivot ¼ turn L, Hold [09:00]. |
| 5, 6, 7, 8 | Step R Fwd, Hold, Pivot ¼ turn L, Hold [06:00]. |

**(Optional styling – roll hips anticlockwise on pivots).**

**[25-32] Step, Step, Step, Together.**

| | |
|---|---|
| 1, 2, 3, 4, | Step R Fwd, Hold, Step L Fwd, Hold. |
| 5, 6, 7, 8 | Step R Fwd, Hold, Step L Together, Hold. |

**Styling: Shimmy shoulders on first 3 walks.**

**Ending**
**Dance first 12 counts.**
**On count 13 (after 1st cross shuffle) Turn ¼ Right Step L Back, Step R Right, Cross L over R.**