

# All Tied Up

拍数: 64      墙数: 4      级数: Intermediate  
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音乐: Tie Me Up - Raynes



**Intro: 16 Counts, Start at approx 10 secs**

## SEC 1 - Rock, Coaster Step, Shuffle, Walk, Walk

1-2            Rock left forward, recover weight onto right  
3&4           Step left back, step right beside left, step left forward  
5&6           Step right forward, step left beside right, step right forward  
7-8           Step left forward, step right forward

## SEC 2 - Rock, ¼ Side Shuffle, Cross, Side, Sailor Step

1-2            Rock left forward, recover weight onto right  
3&4           Turn ¼ left step left to left, step right beside left, step left to left (9:00)  
5-6            Cross right over left, step left to left  
7&8           Step right behind left, step left to left, step right to right

## SEC 3 - Cross, Side, ¾ Shuffle, Rocking Chair

1-2            Cross left over right, step right to right  
3&4           Turn ¾ left step left forward, step right beside left, step left forward (12:00)  
5-6            Rock right forward, recover weight onto left  
7-8            Rock right back, recover weight onto left

## SEC 4 - Side, Hold, Ball Side, Touch, ¼ Step, Hold, Ball Step, Touch

1-2            Step right to right, hold  
&3-4          Step left beside right, step right to right, touch left beside right  
5-6            Turn ¼ left step left forward, hold (9:00)  
&7-8          Step right beside left, step left forward, touch right beside left

**Restart: Here on Wall 3, replace touch with step right forward**

## SEC 5 - ½ Monterey, Hitch, ¼ Monterey, Hitch

1-2            Point right to right, turn ½ right step right beside left (3:00)  
3-4            Point left to left, hitch left knee  
5-6            Point left to left, turn ¼ left step left beside right (12:00)  
7-8            Point right to right, hitch right knee

## SEC 6 - Side Rock, Slow Sailor Step, Slow Sailor Step

1-2            Rock right to right, recover weight onto left  
3-4-5          Step right behind left, step left to left, step right to right  
6-7-8          Step left behind right, step right to right, step left forward

## SEC 7 - Shuffle, Step, ¾ Pivot, Side Shuffle, Back Rock

1&2           Step right forward, step left beside right, step right forward  
3-4           Step left forward, pivot ¾ right transferring weight onto right (9:00)  
5&6           Step left to left, step right beside left, step left to left  
7-8           Rock right back, recover weight onto left

## SEC 8 - Point, Hold, & Point, Hold, & Heel, Hold, & Heel Switches

1-2            Point right to right, hold  
&3-4          Step right beside left, point left to left, hold  
&5-6          Step left beside right, touch right heel forward, hold

&7 Step right beside left, touch left heel forward

&8& Step left beside right, touch right heel forward, step right beside left

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