

Leave Before You Love Me EZPZ

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Easy Beginner
编舞者: Mitzi Day (USA) - November 2022
音乐: Leave Before You Love Me - Marshmello & Jonas Brothers



Dance starts after 16 counts when the lyrics start

Section 1= right side touch, left side touch, right side together side touch.

- 1-2 Step right foot to right side and touch left toe beside right.
- 3-4 Step left foot to left side and touch right toe beside left foot.
- 5-6-7-8 Step right foot to right side, step left foot beside it , step right foot to right side, touch left toe beside right foot (12:00)

Section 2= left side touch, right side touch, left side together side touch.

- 1-2 Step left foot to left side. Touch right toe beside left foot.
- 3-4 Step right foot to right side. Touch left toe beside right foot.
- 5-6-7-8 Step left to left side, Step right foot beside left foot, step left to left side, touch right toe beside left foot.(12:00)

Section 3= shuffle forward r-l-r ,forward rock recover. Shuffle back l-r-l back rock recover.

- 1&2 Step right forward, place ball of left foot beside right taking weight on left ball then step forward on right.
- 3-4 Step left foot forward, then put your weight on right foot never moving right foot.
- 5&6 Step left foot back, put right ball of foot beside left, step left foot back.
- 7-8 Step back on right foot, replace weight on left foot never moving left foot.

Section 4=step right forward and hip roll 1/4 to left then hip roll 1/2 to left.(3:00)and jazz box cross.

- 1-2 Step right foot forward, turn 1/4 left rolling your hips and shifting your weight to left foot.(9:00)
- 3-4 Step right foot forward, turn 1/2 and shift your weight to left foot.(3:00)
- 5-6-7-8 Weight is on left foot. cross right foot over left putting weight on right. Step back on left foot. Step to right side. cross left foot over right foot leaving weight on left foot.(3:00)

Have fun! dance is therapy!
