

Unpretty

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Rika Djamhari (INA) - November 2022
音乐: Unpretty - TLC



Intro: 32 Counts - No Tags and 1 Restart

S1. FORWARD WITH BODY ROLL - TOUCH - TURN SAILOR STEP - TOUCH WITH HIP BUMP UP - DOWN - UP - CROSS BEHIND - SIDE - CROSS OVER

- 1-2. Step R forward and roll your body from down to up, touch L beside R
- 3&4. 1/4 turn to left and step L behind R, step R to side, step L beside R (09:00)
- 5&6. Touch R diagonally forward with up R hip, down R hip, up R hip
- 7&8. Cross R behind L, step L to side, cross R over L

S2. TURN FORWARD SHUFFLE - FORWARD WITH HITCH - BACK - COASTER STEP - FORWARD - PIVOT - TOGETHER

- 1&2. 1/2 turn to left and step L forward, step R together, step L forward (03:00)
- 3-4. Step R forward with hitch L knee up, drop L back
- 5&6. Step R back, step L together, step R forward
- 7&8. Step L forward, 1/2 turn to right and step R in place, step L together (09:00)

*** Restart here on wall 4**

S3. SYNCOPATED GRAPEVINE LEFT - TOUCH - CROSS SHUFFLE - TURN COASTER CROSS

- 1&2&. Cross R over L, step L to side, cross L behind R, step L to side
- 3-4. Cross R over L, touch L to side
- 5&6. Cross L over R, step R to side, cross L over R
- 7&8. 1/4 turn to left and step R back, step L together, cross R over L (06:00)

S4. TOUCH - FLICK - CROSS - TURN BACK - TOGETHER - SIDE MAMBO R/L

- 1-2. Touch L to side, flick L out to L side
- 3&4. Cross L over R, 1/4 turn to left and step R back, step L together (03:00)
- 5&6. Rock R to side, recover on L, step R together
- 7&8. Rock L to side, recover on R, step L together

Start Again!

*** Restart on wall 4 after 16 counts (facing 06:00)**

Enjoy the dance !

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