No More

级数: High Beginner

编舞者: Elisabeth HS (INA) - October 2022

音乐: No More - Elvis Presley

#4 Tags after walls 1,4,5,8

拍数: 32

SECTION 1: WAVE TO RIGHT SIDE, SIDE RECOVER AND HOLD

- 1-2 step rf to right side, step lf behind rf
- 3-4 step rf to right side, cross lf over rf
- 5-6 step rf to right side, recover on lf
- 7-8 cross rf over lf and hold

SECTION 2 : WAVE TO LEFT SIDE, SIDE RECOVER, AND HOLD

- 1-2 step If to left side, step rf behind If
- 3-4 step If to left side, step rf over If
- 5-6 step If to left side, recover on rf
- 7-8 cross If over rf and hold

SECTION 3 : STEP RF FORWARD RECOVER LF, STEP RF BACKWARD, HOLD, COASTER STEP, HOLD

- 1-2 step rf forward recover on lf
- 3-4 step rf back, hold
- 5-6 step If back, step rf next If
- 7-8 step If forward and hold

SECTION 4 : STEP RF FORWARD AND 1/4 LEFT, CROSS, HOLD, 1/4 TURN RIGHT, 1/4 TURN RIGHT, CROSS, HOLD

- 1-2 step forward rf, 1/4 turn left weight on lf (9 o'clock)
- 3-4 cross rf over lf, hold
- 5-6 1/4 turn right step back on lf, 1/4 turn right step rf to right side
- 7-8 cross If over rf and hold

TAG: 4 counts, AFTER walls 1,4,5 and 8

- 1-2 step rf to right side, step lf next to rf
- 3-4 step rf to right side, touch If next to rf
- 5-6 step If to left side, step rf next to If
- 7-8 step If to left side, touch rf next to If

FINISH , ENJOY□





墙数:4