

Natural Girl

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Rafel Corbí (ES) - October 2022
音乐: Natural - BRELAND



Intro: 32 counts

SIDE TOUCHES, HEEL TOUCHES, ROCKING CHAIR

1&2& Touch R toe to right side, R beside L, touch L toe to left side, L beside R
3&4& Touch R heel forward, R beside L, touch L heel forward, L beside R
5-6 Rock forward with R, recover onto L
7-8 Rock back with R, recover forward onto L

STEPS FORWARD WITH HOLDS, ROCK & RECOVER, BEHIND SIDE CROSS

9-10 Step R forward crossing in front of L, hold *
11-12 Step L forward crossing in front of R, hold *

* With attitude on walls 3 & 6

13-14 Rock R to right side, recover onto L
15-16 Step R behind L, step L to right, cross R over L

SHUFFLE TO LEFT, ROCK RECOVER, SHUFFLE TO RIGHT WITH 1/4 TURN LEFT, ROCK RECOVER

17&18 Step L to side, R beside L, step L to side
19-20 Rock R back, recover onto L
21&22 Step R to side, L beside R, 1/4 turn L and step R back
23-24 Rock L back, recover onto R 9:00

PIVOT 1/4 TURN WITH HIP ROLLS X 2, ROCK RECOVER, COASTER CROSS

25-26 Step forward on L, pivot 1/4 turn L as you roll your hips 12:00
27-28 Step forward on L, pivot 1/4 turn L as you roll your hips 3:00
29-30 Rock L forward, recover back onto R
31&32 Step L back, R beside L, cross L over Rack to center.

TAG: At the end of 7th wall, Breland just talks for 8 counts. You're looking at 9:00 wall

Add the following 8 counts

3 /4 TURN CIRCLE WITH WALK WALK SHUFFLE X 2
1-2 Make a 1/4 turn R stepping R forward 12:00, step R forward
3&4 Make a 1/4 turn R stepping R forward 3:00, L beside R, step R forward
5-6 Step L forward, make a 1/4 turn R 6:00 stepping R forward
7&8 Step L forward, R beside L, step L forward (Start again the dance looking at 6:00)

START AGAIN