Natural Girl



拍数: 32 墙数: 4 级数: High Beginner

编舞者: Rafel Corbí (ES) - October 2022

音乐: Natural - BRELAND

Intro: 32 counts

SIDE TOUCHES, HEEL TOUCHES, ROCKING CHAIR

Touch R toe to right side, R beside L, touch L toe to left side, L beside R 1&2& 3&4& Touch R heel forward, R beside L, touch L heel forward, L beside R

5-6 Rock forward with R, recover onto L 7-8 Rock back with R, recover forward onto L

STEPS FORWARD WITH HOLDS, ROCK & RECOVER, BEHIND SIDE CROSS

9-10 Step R forward crossing in front of L, hold * 11-12 Step L forward crossing in front of R, hold *

* With attitude on walls 3 & 6

Rock R to right side, recover onto L 13-14

15-16 Step R behind L, step L to right, cross R over L

SHUFFLE TO LEFT, ROCK RECOVER, SHUFFLE TO RIGHT WITH 1/4 TURN LEFT, ROCK RECOVER

Step L to side, R beside L, step L to side 17&18

19-20 Rock R back, recover onto L

Step R to side, L beside R, 1/4 turn L and step R back 21&22

23-24 Rock L back, recover onto R 9:00

PIVOT 1/4 TURN WITH HIP ROLLS X 2, ROCK RECOVER, COASTER CROSS

25-26 Step forward on L, pivot 1/4 turn L as you roll your hips 12:00 27-28 Step forward on L, pivot 1/4 turn L as you roll your hips 3:00 29-30 Rock L forward, recover back onto R

31&32 Step L back, R beside L, cross L over Rack to center.

TAG: At the end of 7th wall, Breland just talks for 8 counts. You're looking at 9:00 wall Add the following 8 counts

/4 TURN CIRCLE WITH WALK WALK SHUFFLE X 2 3 1-2

Make a 1/4 turn R stepping R forward 12:00, step R forward

3&4 Make a 1/4 turn R stepping R forward 3:00, L beside R, step R forward

5-6 Step L forward, make a 1/4 turn R 6:00 stepping R forward

7&8 Step L forward, R beside L, step L forward (Start again the dance looking at 6:00)

START AGAIN