

# I'm So Excited !

拍数: 32      墙数: 4      级数: Beginner +  
编舞者: Romain Brasme (FR) - October 2022  
音乐: I'm So Excited - Sound Of Legend



## [1-8] ROLLING WINE R – TOUCH & CLAP – ROLLING WINE L – TOUCH & CLAP

- 1-2      RF step forward with  $\frac{1}{4}$  turn R (1), LF step behind with  $\frac{1}{2}$  turn R (2)  
3-4      RF step to R side with  $\frac{1}{4}$  turn R (3), LF touch to L side & clap (4) 12 :00  
5-6      LF step forward with  $\frac{1}{4}$  turn L (5), RF step behind with  $\frac{1}{2}$  turn L (6)  
7-8      LF step to L side with  $\frac{1}{4}$  turn L (7), RF touch to R side & clap (8) 12 :00

## [9-16] SWIVELS R, L, R & L – SHUFFLE R – SHUFFLE L (ADDING ARMS MOVEMENTS)

- 1-2      RF swivel to R side (1) (raise your R arm diagonally to the R side and point the index finger of the R hand, point the index finger of the L hand diagonally downwards), LF swivel to L side (raise your L arm diagonally to the L side and point the index finger of L hand, point the index finger of the R hand diagonally downwards) (2)  
3-4      RF swivel to R side (3) (raise your R arm diagonally to the R side and point the index finger of the R hand, point the index finger of the L hand diagonally downwards), LF swivel to L side (raise your L arm diagonally to the L side and point the index finger of L hand, point the index finger of the R hand diagonally downwards) (4)  
5&6      RF small shuffle to R side : RF step to R side (5), LF back together next to RF (&), RF step to R side (6)

**(Rotate your hands, rolling them around each other, at head height and diagonal D)**

- 7&8      LF small shuffle to L side : LF step to L side (7), RF back together next to LF (&), LF step to L side (8)

**(Rotate your hands, rolling them around each other, at head height and diagonal L)**

## [17-24] TRIPLE STEP R – TRIPLE STEP L – ROCKSTEP R – WALK, WALK WITH $\frac{1}{2}$ TURN R

- 1&2      RF triple step forward : RF step forward (1), LF back together next to RF (&), RF step forward (2)  
3&4      LF triple step forward : LF step forward (3), RF back together next to LF (&), LF step forward (4)  
5-6      RF rock step forward : RF step forward (5), weight back on LF (6)  
7-8      RF step forward with  $\frac{1}{2}$  turn R (7), LF step forward (2) 06 :00

## [25-32] KICK – KICK – KICK – KICK – STEP – TOUCH – STEP WITH $\frac{1}{4}$ TURN L – TOUCH

- 1&2&      RF kick forward (1), RF next to LF (&), LF kick forward (2), LF next to RF (&)  
3&4&      RF kick forward (3), RF next to LF (&), LF kick forward (4), LF next to RF (&)  
— From count 1 to 4, use the steps to walk a bit forward  
5-6      RF step to R side (5), LF touch next to RF (6)  
7-8      LF step forward with  $\frac{1}{4}$  turn L (7), RF touch next to LF (8) 03 :00

**Beginning of the dance on the music : 00:17sec**

« DANCE IS ART IN MOTION »

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Last Update: 31 Oct 2022