

Boots Are Shaking

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Rob Fowler (ES) - October 2022
音乐: Shakin' In Them Boots - Jade Eagleson



Intro: 16 counts (approx. 8 secs)

S1: Side R, L Sailor, R Sailor Fwd Rock, Recover, Shuffle $\frac{3}{4}$ R Clock

1,2&3 Step R to R side, step L behind R, step R to R side, step L to L side
4&5,6 Step R behind L, step L to L side, rock forward on R, recover on L
7&8 Make $\frac{3}{4}$ turn R stepping forward on R, step L next to R, step forward on R 9.00

S2: Side Rock, Recover, Cross Shuffle, Side R, Touch L Heel, Hold, & Cross Shuffle

1,2 Rock L out to L side, recover on R
3&4 Cross step L over R, step R to R side, cross step L over R
&5,6 Step R to R side, touch L heel to L diagonal, hold
&7&8 Step L next to R, cross step R over L, step L to L side, cross step R over L

S3: Toe/Heel Switches, R Sailor, L Sailor $\frac{1}{4}$ L

1&2 Touch L toes to L side, step L next to R, touch R heel forward
&3&4 Step R next to L, touch L heel forward, step L next to R, touch R toes to R side
5&6 Step R behind L, step L to L side, step R to R side
7&8 Step L behind R making $\frac{1}{4}$ turn L, step R to R side, step L to L side 6:00

RESTART 1: During WALL 2 restart here facing 9 o'clock

S4*: Side Rock, Recover, Cross Shuffle, Side Rock, Recover, Behind Side Cross

1,2 Rock R out to R side, recover on L
3&4 Cross step R over L, step L to L side, cross step R over L
5,6 Rock L out to L side, recover on R
7&8 Step L behind R, step R to R side, cross step L over R

***Omit S4 during WALL 3**

RESTART 2: WALL 5 starts here facing 3 o'clock (only dance the chorus for Wall 5)

S5: CHORUS = S5-S8: Chasse R, $\frac{1}{2}$ Turn L Chasse L, Cross Rock, Recover, Chasse R

1&2 Step R to R side, step L next to R, step R to R side
3&4 Pulling L shoulder back make $\frac{1}{2}$ turn L stepping L to L side, step R next to L, step L to L side
12.00
5,6 Cross rock R over L, recover on L
7&8 Step R to R side, step L next to R, step R to R side

S6: L Vaudeville, R Vaudeville, Behind Side Cross & Cross, Side

1&2 Cross step L over R, step R to R side, touch L heel forward
&3&4 Step L next to R, cross step R over L, step L to L side, touch R heel forward
5&6 Step R behind L, step L to L side, cross step R over L
&7,8 Step L to L side, cross step R over L, step L to L side

S7: R Sailor, L Sailor, Touch Back, Unwind $\frac{1}{2}$ R, Step L, Pivot $\frac{1}{2}$ R

1&2 Step R behind L, step L to L side, step R to R side
3&4 Step L behind R, step R to R side, step L to L side
5,6 Touch R toe back, unwind $\frac{1}{2}$ turn R putting weight forward on R 6.00
7,8 Step forward L, make $\frac{1}{2}$ turn R (weight on R) 12.00

S8: L Dorothy, R Dorothy, Fwd Rock, Recover, $\frac{3}{4}$ Triple L

1,2& Step L diagonally forward L, lock step R behind L, step L diagonally forward L
3,4& Step R diagonally forward R, lock step L behind R, step R diagonally forward R
5,6 Rock forward on L, recover on R
7&8 Make a $\frac{3}{4}$ triple turn L stepping L, R, L 3.00

Start Over

PATTERN

WALL 1: Full wall 64c (starts at 12.00 – ends at 3.00)

WALL 2: Dance up to & including S3 then restart the dance from the beginning facing 9.00

WALL 3: Dance S1, S2, S3, then CHORUS (S5-S8) (*omit S4)

WALL 4: Full wall 64c (starts at 12.00 – ends at 3.00)

WALL 5: Restart from CHORUS (S5-S8) (starts at 3.00 – ends at 12.00)

WALL 6: Dance S1, S2, S3, S4, S5, S6 and finish the dance facing 12.00
