

All I Can Have

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Yvonne Krause (USA) - September 2022
音乐: If It's All I Can Have (Engels) - Theo van Cleeff



#48 Count Intro – 3 Restarts

[1-8] MAMBO RIGHT & LEFT, STEP TOGETHER W/1/4 TURN SHUFFLE

1&2 Rock right foot to right side, recover onto left, step right next to left.
3&4 Rock left foot to left side, recover onto right, step left next to right.
5-6 Step right foot to right side, step left next to right.
7&8 Turn a ¼ right as you shuffle forward by stepping right, left, right. (3:00)

[9-16] PIVOT ¼, SHUFFLE FORWARD, SHUFFLE FORWARD, ROCK RECOVER

1-2 Step forward on left, pivot ¼ right. (6:00)
3&4 Shuffle forward by stepping left, right, left.
5&6 Shuffle forward by stepping right, left, right.
7-8 Rock forward on left, recover onto right.

[17-24] SIDE ROCK RECOVER, CROSSING SHUFFLE, ROCK SIDE, ROCK BACK

1-2 Rock left out to side, recover onto right.
3&4 Cross left over right, step right to right side, cross left over right.

Here is your first restart during the second wall facing (3:00)

Here is your second restart during the fourth wall facing (6:00)

5-6 Rock right foot to right side, recover onto left.
7-8 Rock back on right foot, recover onto left.

Here is your third restart during the seventh wall facing (6:00)

[25-32] STEP TOGETHER W/1/4 TURN SHUFFLE, ROCK RECOVER, SCISSOR STEP

1-2 Step right foot to right side, step left next to right.
3&4 Turn a ¼ right as you shuffle forward by stepping right, left, right. (9:00)
5-6 Rock forward on left, recover onto right.
7&8 Rock left foot to left side, recover onto right, cross left over right.

RESTARTS: The first two restarts are after 20 counts. The third restart is after 24 counts.

During the second wall after 20 counts facing 3:00 o'clock restart the dance.

During the fourth wall after 20 counts facing 6:00 o'clock restart the dance.

During the seventh wall after 24 counts facing 6:00 o'clock restart the dance.

May You Always Dance Like No One Is Watching

Contact: ykrause@yahoo.com