

Temptation

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Adrian Lefebour (AUS) - October 2022
音乐: Temptation (feat. Elise LeGrow) - Bakermat



#32 count intro from the start of the song

[1-8] Side, Together, Shuffle, Rock/Recover, Shuffle 1/4 Turn

1,2, 3&4 Step R to R side, Step L together, Step R to R side, Step L beside R, Step R to R side
5,6 Rock L across R, Recover back onto R
7&8 1/4 Turn L step L fwd, Step R beside L, Step L fwd (9.00)

[9-16] Cross, Point, Back, Point, 1/4 Sailor, 1/4 Ball Step, 1/4 Ball Step

1,2, 3, 4 Cross R over L, Point L to L, Step L back, Point R to R
5&6 Step R back making a 1/4 R, Step L together, Step R fwd (12.00)
&7,&8 Step L together, 1/4 Turn R step R fwd (3.00), Step L together, 1/4 Turn R step R fwd (6.00)

***5-8 – You want to make an arc whilst you are doing these steps**

[17-24] Walk x2, Mambo, Rock/Recover, 1/2 Pivot Turn

1,2, 3&4 Step L fwd, Step R fwd, Rock L fwd, Recover back on R, Step L back
5,6,7,8 Rock R back, Recover fwd onto L, Step R fwd, 1/2 Pivot turn L (weight on L) (12.00)

[25-32] Shuffle Fwd, Rock/Recover, 1/4 Turn/Together x3, Side

1&2, 3,4 Step R fwd, Step L beside R, Step R fwd, Rock L fwd/cross, recover back onto R
5&6&8 1/4 Turn L step L fwd, Step R beside L (9.00), 1/4 Turn L step L fwd, Step R beside L (6.00)
7&8 1/4 Turn L step L fwd, Step R beside L (3.00), Step L to L side as you open shoulders to L diagonal

***5-8 – You want to make an arc whilst you are doing these steps**

[33-40] Across, Side, Sailor, Across, 1/4 Turn, Shuffle Back

1,2, 3&4 Cross R over L, Step L to L, Step R back, Step L together, Step R to R side/fwd as you open shoulders to R diagonal
5,6, 7&8 Cross L over R, 1/4 Turn L step R back, Step L back, Step R together, Step L back (12.00)

[41-48] Rock/Recover, 1/2 Pivot Turn, Skate x2, Shuffle

1,2,3,4 Rock R back, Recover fwd onto L, Step R fwd, 1/2 Pivot Turn L (weight on L) (6.00)
5,6,7&8 Skate R fwd to R diagonal (Point R hand up/Point L hand down), Skate L fwd to L diagonal (Point L hand up/Point R hand down), Step R fwd, Step L together, Step R fwd (Point R hand up/Point L hand down x2) (7.30)

Hands optional on counts 5-8 – Think Saturday Night Fever and channel your inner John Travolta

[49-56] Rock/Recover, 1/4 Shuffle, 3/4 Pivot Turn, Side, Touch Back

1,2, 3&4 Cross Rock L over R, Recover back on R, 1/4 Turn L step L fwd, Step R beside L, Step L fwd (3.00)
5,6,7,8 Step R fwd, 3/4 Pivot Turn L, Step R to R side, Touch L toe behind R (6.00)

[57-64] Side, Together, Shuffle Fwd, Side/Pop Knee, Recover/Pop Knee x3

1,2, 3&4 Step L to L side, Step R together, Step L fwd, Step R beside L, Step L fwd
5,6,7,8 Step R to R side and Pop L knee (Cross both hands in front of body with clicks), Recover onto L and Pop R knee (Click both hands beside body), Recover onto R and Pop L knee (Click both hands up to the diagonals), Recover onto L and Pop R knee (Click both hands beside body) – Hands are optional on counts 5-8

Start Again!

Restart/Tag: During the first wall. Dance to count 30& and then do the following and start dance facing 6.00
31&32 Step L fwd, Step R beside L, Step L fwd
