Yesterday Is Gone

拍数: 32	**墙数:** 4	**级数:** Improver
编舞者: Iris Wolff (DE) - October 2022		
音乐: Today - More Than Words		

Restart in wall 4 after 16 counts

Start dance after 32 counts.

S1: WALK FWD 2 X, SHUFFLE FWD, HEEL GRIND ¼ TURN L, COASTER STEP

1-2	RF forward, LF forward
3&4	RF forward, LF next to RF, RF forward
5-6	Turn left heel ¼ to left, RF back
7&8	LF back, RF beside LF, LF forward

S2: SIDE, TOUCH, ¼ TURN L, ¼ TURN L, CROSS SHUFFLE, SIDE ROCK

1-2	RF to right, LF touch beside RF
3-4	Turn LF ¼ left, Turn RF with ¼ left to right side (3:00)
5&6	Cross LF over RF, RF to right, cross LF over RF
7-8	RF to right, weight back on LF

Restart: Here in wall 4 (3:00) start from the beginning.

S3: CROSS, SIDE (&), HEEL, SIDE (&), CROSS SHUFFLE, SIDE, TOGETHER, SHUFFLE BACK

1&2&	Cross RF over LF, LF to left, touch right heel forward, RF next to LF
3&4	Cross LF over RF, RF to right, cross LF over RF
5-6	RF to right, LF next to RF
7&8	RF back, LF next to RF, RF back

S4: UNWIND L, KICK-BALL-STEP, CHASSÉ R, CROSS, ¼ TURN R

1-2	Step left toe behind RF and turn ¼ to left on both balls (weight on LF) (12:00)
3&4	Kick RF forward, step right ball next to LF, LF forward
5&6	RF to right, LF next to RF, RF to right
7-8	Cross LF over RF, turn ¼ right on both balls (weight on LF) (3:00)

The dance starts over.

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