

# Just Move

拍数: 32      墙数: 2      级数: Improver  
编舞者: Mark Furnell (UK) & Chris Godden (UK) - September 2022  
音乐: Just Move - Rayelle



**Intro: 16 Counts, Start at approx 8 secs**

## SEC 1: Side Rock, Weave, ¼ Step, Side, ¼ Side, Cross Shuffle

1-2                  Rock right to right, recover weight onto left  
**\*Option**  
\*&1-2              Touch right beside left, rock right to right, recover weight onto left  
3&4                  Step right behind left, step left to left, cross right over left  
5-6                  Turn ¼ left step left forward, step right to right (9:00)  
7-8&1                Turn ¼ left step left to left, cross right over left, step left to left, cross right over left (6:00)

## SEC 2: Point, Flick, Side Rock Cross, Hold, Ball Cross, Hold

2-3                  Point left to left, flick left behind right  
4&5                  Rock left to left, recover weight onto right, cross left over right  
6                      Hold  
&7                    Step right beside left, cross left over right  
8                      Hold

**TAG – RESTART HERE ON WALL 4**

## SEC 3: Side, Together, Forward Shuffle, Step, ½ Pivot, Shuffle

1-2                  Step right to right, step left beside right  
**\*Option**  
\*&1-2              Touch right beside left, step right to right, step left beside right  
3&4                  Step right forward, step left beside right, step right forward  
5-6                  Step left forward, pivot ½ right transferring weight onto right (12:00)  
7&8                  Step left forward, step right beside left, step left forward

## SEC 4: Rocking chair, Step, ½ Pivot, Walk, Walk

\*1-2                  Rock right forward, recover weight onto left  
**Option**  
\*&1-2              Brush right forward, rock right forward, recover weight onto left  
3-4                  Rock right back, recover weight onto left  
5-6                  Step right forward, pivot ½ left transferring weight onto left (6:00)  
7-8                  Step right forward, step left forward  
**\*Option**  
\*7-8                  Step right forward pop left knee forward, step left forward pop right knee forward

**Tag: At the end of Wall 2 & After 16 counts on Wall 4**

## Side, Touch, Bump x2, Side, Touch, Roll Hips

1-2                  Step right to right, touch left beside right  
3&4                  Bump left hip to left, recover hips to centre, bump left hip to left (no weight change)  
5-6                  Step left to left, touch right beside left  
7-8                  Roll hips clockwise over 2 counts

**Last Update: 25 Oct 2022**