

Confident

拍数: 90 墙数: 4 级数: Phrased High Improver
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音乐: Confident - Demi Lovato : (Clean version)



Phrasing: A-A-A-B-A-A-B*-A-A-C-A-A

PART A: 32c

Chasse R, Sailor Step, 2x Kick, Coaster Step

1 RF step R
& LF step next to RF
2 RF step R
3 LF cross behind RF
& RF step R
4 LF step L
5 RF kick fwd
6 RF kick fwd
7 RF step back
& LF step next to RF
8 RF step fwd

Chasse L, Sailor Step, 2x Kick, Coaster Step

9 LF step L
& RF step next to LF
10 LF step L
11 RF cross behind LF
& LF step L
12 RF step R
13 LF kick fwd
14 LF kick fwd
15 LF step back
& RF step next to LF
16 LF step fwd

Step ½ turn L, step, lock, step, Rock Step, Shuffle bwd

17 RF step fwd
18 ½ turn L on both Feet (6:00)
19 RF step fwd
& LF cross behind RF
20 RF step fwd
21 LF step fwd /w weight on LF
22 recover weight to RF
23 LF step back
& RF cross over LF
24 LF step back

Sailor Step /w ¼ turn R, Stpe ½ turn R, Walk-L-R, KickBall-Touch

25 RF cross behind LF /w ¼ turn R (9:00)
& LF step L
26 RF step fwd
27 LF step fwd
28 ½ turn R on both Feet (3:00)

- 29 LF step fwd
- 30 RF step fwd
- 31 LF kick fwd
- & LF step next to RF
- 32 RF touch next to LF

PART B: 36c

Jazz Box /w Toe Struts

- 1 RF touch over LF
- 2 Weight on RF
- 3 LF touch back
- 4 Weight on LF
- 5 RF touch to R
- 6 Weight on RF
- 7 LF touch fwd
- 8 Weight on LF

Jazz Box /w Toe Struts /w ¼ turn R

- 9 RF touch over LF
- 10 Weight on RF
- 11 LF touch back
- 12 Weight on LF
- 13 RF touch to R /w ¼ turn R (3:00)
- 14 Weight on RF
- 15 LF touch fwd
- 16 Weight on LF

Jazz Box /w Toe Struts

- 17 RF touch over LF
- 18 Weight on RF
- 19 LF touch back
- 20 Weight on LF
- 21 RF touch to R
- 22 Weight on RF
- 23 LF touch fwd
- 24 Weight on LF

Jazz Box /w Toe Struts /w ¼ turn R

- 25 RF touch over LF
- 26 Weight on RF
- 27 LF touch back
- 28 Weight on LF
- 29 RF touch to R /w ¼ turn R (6:00)
- 30 Weight on RF
- 31 LF touch fwd
- 32 Weight on LF

Restart Part A on B*

Step ½ turn L 2x

- 33 RF step fwd
- 34 ½ turn L on both Feet (12:00)
- 35 RF step fwd
- 36 ½ turn L on both Feet (6:00)

PART C: 22c

Chasse R, Coaster Step, Jazz Box /w ¼ turn L

- 1 RF step R
- & LF step next to RF
- 2 RF step R
- 3 LF step back
- & RF step next to LF
- 4 LF step fwd
- 5 RF cross over LF
- 6 LF step back /w ¼ turn R (3:00)
- 7 RF step R
- 8 LF step fwd

Chasse R, Coaster Step, Step ½ turn L, Rock Step

- 9 RF step R
- & LF step next to RF
- 10 RF step R
- 11 LF step back
- & RF step next to LF
- 12 LF step fwd
- 13 RF step fwd
- 14 ½ turn L on both Feet (9:00)
- 15 RF step fwd /w weight on RF
- 16 Change weight back to LF

Shuffle Back, Back Rock, Shuffle fwd

- 17 RF step back
 - & LF cross over RF
 - 18 RF step back
 - 19 LF step back /w weight on LF
 - 20 change weight back to RF
 - 21 LF step fwd
 - & RF step next to LF
 - 22 LF step fwd
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