

Shama Lama Ding Dong

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Jo Thompson Szymanski (USA) - 2008
音乐: Shama Lama Ding Dong - Scooter Lee : (2022 version)



[1-8] FORWARD, TOUCH, BACK, TOUCH, FORWARD, TOUCH, BACK, TOGETHER

- 1-2 With body facing slightly left, Step R forward leaning R shoulder forward (1); Touch L beside R/snap both hands (2)
3-4 Step L back bringing body back up (3); Touch R beside L/snap both hands (4)
5-6 Step R forward leaning R shoulder forward (5); Touch L beside R/snap both hands (6)
7-8 Step L back bringing body back up (7); Step R beside L squaring up to 12:00 (8)

[9-16] FORWARD, TOUCH, BACK, TOUCH, FORWARD, TOUCH, BACK, TOGETHER

- 1-2 With body facing slightly right, Step L forward leaning L shoulder forward (1); Touch R beside L/snap both hands (2)
3-4 Step R back bringing body back up (3); Touch L beside R/snap both hands (4)
5-6 Step L forward leaning L shoulder forward (5); Touch R beside L/snap both hands (6)
7-8 Step R back bringing body back up (7); Step L beside R squaring up to 12:00 (8)

Note: The above 16 counts should like "back up singers/dancers" from the 1950's & 1960's.

[17-24] CROSS ROCK, RECOVER, TRIPLE R, CROSS RECOVER, RECOVER, TRIPLE L

- 1-2 Cross rock R over L (1); Recover on L (2)
3&4 Step R to right (3); Step L beside R (&); Step R to right (4)
5-6 Cross rock L over R (5); Recover on R (6)
7&8 Step L to left (7); Step R beside L (&); Step L to left (8)

Optional Styling: Push R hand across on R cross rock, Push L hand across on L cross rock.

[25-32] JAZZ BOX, JAZZ BOX WITH 1/4 TURN R

- 1-4 Cross R over L (1); Step L back (2); Step R to right (3); Step L slightly across R (4)
5-8 Cross R over L (5); Step L back (6); Turn 1/4 right stepping R to right (7), Step L slightly across R (8) 3:00

[33-40] SIDE, DRAG/TOUCH, POINT, TOUCH, SIDE, DRAG/TOUCH, POINT, TOUCH

- 1-2 Large step R to right (1); Drag L toe in touching L beside R (2)
3-4 Point L toe to left (3); Touch L beside R (4)
5-6 Large step L to left (5); Drag R toe in touching R beside L (6)
7-8 Point R toe to right (7); Touch R beside L (8)

[41-48] HIP BUMPS, STEP, HOLD, 1/2 PIVOT TURN L, HOLD

- 1&2 Place ball of R forward/bump hips R (1); Hips center (&); Shift weight to R/bump hips R (2)
3&4 Place ball of L forward/bump hips L (3); Hips center (&); Shift weight to L/bump hips L (4)
5-8 Step R forward (5); Hold (6); Turn 1/2 left shifting weight to L (7); Hold (8) 9:00

BEGIN AGAIN!

Floor Split for newbies will be Cut a Rug