

This Is Not Goodbye

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Jillian Grimbeek (AUS) - February 2011
音乐: This Is Not Goodbye - Johnny Reid



Start on lyrics, (After 16 counts)

[1 – 16] ¼ MONTEREY, R HEEL GRIND, RECOVER L, BK ROCK; R LOCKSTEP, HOLD, RHUMBA FWD, HOLD

- 1 – 4 Point R to R side, step R beside L turning ¼ R, Point L to L side, Step L beside R,
5 – 8 R Heel grind turning 1/4 R,(wt. On R heel), Step L beside R, Rock bk R, recover L(6 o'clock)
1 – 8 Step R Fwd, Lock L behind R, Step R Fwd, HOLD; L Step side, R step beside Left, L step
Fwd, HOLD (6 o'cl)

[17 – 32] STEP TURN, STEP TOUCH, L ROLLING VINE, R TOUCH; R SIDE, L TOGETHER, R SIDE, L KICK ACROSS, L ACROSS, R SIDE, L ACROSS, R KICK

- 1 – 4 R step Fwd, pivot ½ turn L, R step Fwd, L touch beside R, (12 o'cl)
5 – 8 Travelling to L side turn a full turn L (stepping L,R,L), R touch beside L. (12 o'cl)
1 – 4 R step side, L step beside R, R step to side, L kick across R,
5 – 8 L step across R, R step side, L step across R, R kick diag. Fwd to R (12 o'cl)

[33 - 48] EXTENDED ROLLING GRAPEVINE; R¼ TOE HEEL, L ½ TOE HEEL, R ½TOE HEEL , L STEP FWD, R KICK

- 1 – 4 Cross R over L, step bk on L turning ¼ R, step fwd on R turning ¼ R, cross L over R,(6o'cl)
5 – 8 step bk on R turning ¼ L, step fwd on L turning ¼ L,(12 o'cl), cross R over L, L step L side.
1 – 8 R toe-heel turning ¼ R, L toe-heel turning ½ turn R, R toe-heel turning ½ R, (3 o'cl) L step
fwd, R kick Fwd (3o'cl)

[49 – 64] WALK BK RLR, TURN ½ L, FULL TURN L, L STEP FWD; BK, DRAG, BK, DRAG, STEP, TAP, TURN, TOUCH

- 1,2,3,4, Walk bk stepping R,L,R, step bk L turning ½ turn L,
5,6,7,8 Continue turning L with a Full turn L stepping R,L,R, L step Fwd , (9 o'cl)
1 – 8 R Step bk @ R diagonal, Drag L bk to R, (wt. On R), L step bk @ L diagonal, Drag R bk to L,
(wt. On L) R step BK, tap L toe behind R heel (bending both knees), Step L turning ¼ turn L,
Touch R beside L (wt. On L facing 6 o'cl)

END OF DANCE, START AGAIN

ONCE ONLY EASY TAG: 40 counts at end of 5th wall, facing bk, during instrumental break:-

[1 – 16] STEP, TURN, STEP, HOLD, SIDE, TOG., FWD, HOLD, TOE HEELS TO SIDE (x 4)

- 1 – 8 R step fwd, pivot ½ turn left onto L, R step fwd, HOLD, Step L side, R beside L, L fwd, HOLD
(12 o'cl)
1 – 8 R Toe-heel to side, Cross L toe-heel over R, (repeat both Toe-heels)

[17 – 32] STEP, TURN, STEP, HOLD, SIDE, TOG., FWD, HOLD, TOE HEELS TO SIDE (x 4)

- 1 – 16 Repeat the last 16 counts (6 o'cl)

[33 – 40] PADDLE TURNS (X 4)

- 1 – 8 R step fwd, Pivot ¼ turn L (x 4) swaying hips. Start again @ 6 o'cl.