

Jumpin' for Joy

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: High Improver
编舞者: Sheila Pfaff (USA) - September 2022
音乐: Jumpin' For Joy - Jimmy Hall : (Album: Ready Now; iTunes; Spotify)



Intro: 32 counts

Restarts: 1, Tags: 1

[1-8] STEP FORWARD/OUT, CLAP, STEP FORWARD/OUT, CLAP, COASTER STEP, ROCKING CHAIR, SHUFFLE FORWARD

1&2& Step R forward/out (1), clap (&), step L forward/out (2), clap (&)
3&4 Step R back (3), step L beside R (&), step R forward (4)
5&6& Step L forward (5), recover R (&), step L back (6), recover R (&)
7&8 Step L forward (7), step R beside L (&), step L forward (8)

[9-16] ROCK & CROSS, ROCK & CROSS, JAZZ BOX WITH 1/4 TURN R

1&2 Rock R side right (1), recover L (&), step R in front of L (2)
3&4 Rock L side left (3), recover R (&), step L in front of R (4)
5-8 Step R over L (5), step L back (6), turn 1/4 right stepping R side right {3:00} (7), step L beside R (8)

[17-24] HEEL, HEEL, BACK, BACK, HEEL SPLIT, HEEL SPLIT, K-STEP

1&2& Step R heel forward (1), step L heel forward (&), step R back (2), step L back (&)
3&4& Swivel both heels out (3), swivel both heels together (&), swivel both heels out (4), swivel both heels together (&)

(Restart here during 7th repetition which starts right after the instrumental section.)

5&6& Step R forward diagonally right (5), touch L beside R (&), step L back diagonally left (6), touch R beside L (&)
7&8& Step R back diagonally right (7), touch L beside R (&), step L forward diagonally left (8), touch R beside L (&)

[25-32] SIDE, TOGETHER, BACK, SIDE, TOGETHER, BACK, COASTER STEP, RUN, RUN, RUN

1&2 Step R side right (1), step L beside R (&), step R back (2)
3&4 Step L side left (3), step R beside L (&), step L back (4)
5&6 Step R back (5), step L beside R (&), step R forward (6)
7&8 Step L forward (7), step R forward (&), step L forward (8)

(Drop the last 8 counts on repetitions 1, 3, and 6. Happens at the end of the first two verses and the end of the instrumental segment.)

[33-40] STRUT, STRUT, ROCK & CROSS, STRUT, STRUT, ROCK & CROSS

1&2& Step R toe side R (1), step down on R heel (&), cross L toe over R (2), step down on L heel (&)
3&4 Rock R side right (3), recover L (&), cross R over L (4)
5&6& Step L toe side L (5), step down on L heel (&), cross R toe over L (6), step down on R heel (&)
7&8 Rock L side left (7), recover R (&), cross L over R (8)

TAG (Only happens one time at the end of the 2nd repetition.)

[1-4] SHUFFLE FORWARD, STEP, HOLD

1&2 Step R forward (1), step L beside R (&), step R forward (2)
3-4 Step L forward (3), hold (4)

ENDING.

If you want to end facing front, slowly unwind 3/4 right as the music fades out. This comes at the end of the

dance after the L rock & cross.

BEGIN AGAIN AND ENJOY!!

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Last Update: 26 Jan 2023
