

# The Birds and the Bees

拍数: 24      墙数: 2      级数: Beginner  
编舞者: Torill Rognlien (NOR) - September 2022  
音乐: The Birds and the Bees - Just 4 Fun



**Intro: 16 counts, start at the words "the birds"**

## Rocksteps, shuffle back, rock recover

1, 2, &      Rock RF fw (1), recover on LF (2), step RF next to LF (&)  
3, 4      Rock fw on LF (3), recover on RF (4)  
5, &, 6      Step LF back (5), step RF next to LF (&), Step LF back (6)  
7, 8      Rock back on RF (7) recover on LF (8)  
Option 5-8  
5, &, 6      Shuffle 1/2 turn  
7, 8      Step 1/2 turn

## Step point x 2, step fw, make ¼ turn L x 2

1, 2      Step RF fw (1), point LF to L (2),  
3, 4      Step LF fw (3), point RF to R (4)  
5, 6      Step RF fw (5), make ¼ turn L (6)  
7, 8      Step fw on RF (7), make ¼ turn L (8)

## Step flick x 2, step, sailorstep

1, 2      Step RF to R (1), flick LF behind RF (2)  
3, 4      Step LF to L (3), flick RF behind LF (4)  
5, 6      Step RF to R (5), hold (6)  
7, &, 8      Cross LF behind RF (7), Step RF to R (&), Step LF fw (8)

## TAG: after wall 3 & 6, Slow jazz-box

1, 2      Cross R toe in front of LF (1), slap heel (2)  
3, 4      Step L toe bak (3), slap heel (4)  
5, 6      Step R toe to R (5), slap heel (6)  
7, 8      Step L toe fw (7), slap heel (8)

**Last Update: 22 Apr 2024**