

# A Single Word

拍数: 32                      墙数: 4                      级数: Intermediate NC2S  
编舞者: Norman Gifford (USA) - October 2022  
音乐: Words (feat. Dolly Parton) - Barry Gibb : (CD: Greenfields)



## (NC2 right ½ turn, side-cross-side, behind-side-cross, step side, step back)

1-2&                      Right long step side; left rock behind; right replace  
3-4&                      Left step forward in ½ turn right [6:00]; right step side; left crossover  
5-6&                      Right step side; left behind; right step side  
7-8&                      Left cross-rock; right replace; left step side [6:00]

## (Right crossover; left step side in reverse turn ½ right, right step side, left step forward right diagonal right knee lift, right step back, turn ¼ left stepping side, step forward left diagonal left knee lift, 2 steps back, turn 1/8 left, right behind, left step side)

1                          Right crossover [6:00]  
2&                          Left step side turning ½ right [12:00]; right step side  
3                          Left step right diagonal bringing right knee up [1:30]  
4&                          Right step back; left step side turning ¼ left [10:30]  
5                          Right step forward left diagonal bringing left knee up [10:30]  
6&7                        Left step back; right step back [10:30]; turn 1/8 left stepping side [9:00]  
8&                          Right behind; left step side \*\*\*E

## (Sweeping diamond pattern turning left in a clockwise circle)

1                          Right step forward left diagonal [7:30]  
2&3                        Left sweep across; right step side turning ¼ left; left step back [4:30]  
4&5                        Right sweep behind; left step side turning ¼ left; right step forward [1:30]  
6&7                        Left sweep across; right step side turning ¼ left; left step back [10:30]  
8&                          Right sweep behind; left step side turning front [9:00]

## (Lunge forward, replace, side, lunge diagonal, replace, side, crossover, scissor-step, side, crossover)

1                          Right lunge forward left diagonal  
2&                          Left replace; right stepping side [9:00]  
3                          Left lunge forward right diagonal [10:30]  
4&                          Right replace; square up left stepping side [9:00]  
5                          Right crossover  
6&7                        Left step side; right step back; left crossover  
8&                          Right step side; left crossover [9:00]

## BEGIN AGAIN

### \*\*\* ENDING: On Wall #7

Music rhythm slows dramatically. Step in time with the lyrics.

Take weight on the bolded lyrics, you will be facing 3:00

1                          Turn ¼ left right stepping side [12:00] ("words")

### (Gracefully sweep right arm out to side)

2&                          Pause ("and")

3                          Left step side ("words")

### (Gracefully sweep left arm out to side)

4&                          Pause ("are all I")

5-6                        Step/sway side stepping on right ("have")

### (Bring hands together in front, palms up)

&                          ("to")

7 Step on left touching right together ("take your heart a-")  
**(Bring hands slowly crossing in front of your heart)**  
8& Pause  
1 Right step forward in pose ("-way")  
**(Slowly spread arms open outward with palms up)**

**Last Update: 31 Oct 2022**

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