

Last Night All Day

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Gudrun Schneider (DE) & Casey Lee Lowe (DE) - October 2022
音乐: Last Night All Day - Sean Stemaly



Sequence: 48, 48, 32, 48, 16, 16, 48

The dance starts after 16 counts

SIDE TOGETHER FWD R+L, ROCK STEP FWD, ROCK STEP SIDE, COASTER STEP

1&2 RF step right, LF step beside RF, RF step fwd
3&4 LF step left, RF step beside LF, LF step fwd
5&6& RF step forward, recover on LF, RF step right, recover on LF
7&8 RF step back, LF step beside RF, RF step fwd

STEP ¼ TURN R CROSS, ¼ TURN L, ¼ TURN L, CROSS & HEEL & CROSSING SHUFFLE

1&2 LF step fwd, ¼ turn right, LF cross over RF (3:00)
3-4 ¼ turn left, RF step back (12:00), ¼ turn left, LF step left (9:00)
5&6 RF cross over LF, LF step left, RF heel
&7&8 RF step beside LF, LF cross over RF, RF step right, LF cross over RF

RESTART in round 5 & 6

SIDE -TOUCH-SIDE, COASTER STEP, STEP ½ TURN R, SHUFFLE L FWD

1&2 RF step right, LF touch beside RF, LF step left
3&4 RF step back, LF step beside RF, RF step fwd
5-6 LF step fwd, ½ turn right (3:00)
7&8 LF step fwd, RF step beside LF, LF step fwd

STEP - ½ TURN L- STEP, ½ TURN R, ¼ TURN R, CROSS & HEEL & CROSSING SHUFFLE

1&2 RF step fwd, ½ turn left, RF step fwd (9:00)
3-4 ½ turn right - LF step back (3:00), ¼ turn right - RF step right (6:00)
5&6 LF cross over RF, RF step beside LF, LF heel
&7&8 LF step beside RF, RF cross over LF, LF step left, RF cross over LF

*Step change with RESRART in round 3

&7&8 LF step beside RF, RF cross over LF, LF step left, RF touch beside LF

STEP L DIAGONALLY FWD, TOUCH BEHIND, STEP BACK R - KICK L, BEHIND SIDE CROSS, STEP R DIAGONALLY FWD, TOUCH BEHIND, STEP BACK L - KICK R, BEHIND - ¼ TURN L - STEP L FWD, STEP R FWD

1&2 LF step diagonally fwd, RF touch behind LF, RF step back
&3&4 LF kick diagonally fwd, LF cross behind RF, RF step right, LF cross over RF
5&6 RF step diagonally fwd, LF touch behind RF, LF step back
&7&8 RF kick diagonally fwd, RF step behind LF, ¼ turn left, LF step fwd, RF step fwd (3:00)

SHUFFLE L FWD, STEP ½ TURN L, CHASSEE ¼ TURN L, BEHIND - SIDE - CROSS

1&2 LF step fwd, RF step beside LF, LF step fwd
3-4 RF step fwd, ½ turn left (9:00)
5&6 ¼ turn left, RF step right, LF step beside RF, RF step right (6:00)
7&8 LF cross behind RF, RF step right, LF cross over RF

Have Fun!

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