

You're The Exist Only

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Karen Lee (TW) - October 2022
音乐: Aber dich gibts nur einmal für mich - Lisa Del Bo



Intro: 8 C, **No Tag / No Restart

[S1]: Cross Recover Side (&), Cross Shuffle, Night Club step, 1/4 Turn Left Shuffle, Step (&).

1-2& Cross RF over LF Rock(1), Recover Weight on LF(2), Step RF to R Side(&),
3&4 Cross LF Over RF, step RF to R side (&), Cross LF Over RF,
5-6& Long Step RF to R Side dragging LF (5), Rock Back LF (6), Recover Weight on RF (&).
7&8& 1/4 turn Left, step LF Forward(7), step RF next to LF (&), Step LF Forward(8), Step RF next
to LF (&), (9:00)

[S2]: Forward Mambo, Back, Back Together, Forward Shuffle, Pivot 1/4 Left.

1-2& Rock LF Forward(1), Recover Weight on RF(2), step LF Back(&),
3-4& step RF Back (3), step LF Back(4), Step RF next to LF (&)
5&6, Step LF forward, Step RF next to LF (&) Step LF Forward,
7-8 Step RF Forward, 1/4 turn Left Weight on LF,(6:00)

[S3]: R Cross Recover Side (&), Weave, L Cross Recover Side (&), Walk, Walk.

1-2& Cross RF over LF Rock(1), Recover on LF(2), Step RF to R Side(&),
3&4& Cross LF Over RF, step RF to R side (&), Step LF Behind to RF, step RF to R side (&),
5-6& Cross LF over RF Rock(5), Recover weight on RF(6), Step LF to L Side(&),
7-8 Step RF Forward, Step LF Forward.

[S4]: Forward Mambo 1/2 Turn R, Forward Shuffle, Rock, Recover, 1/4 Turn R, Sway(R/L).

1&2 Step RF Forward Rock, 1/2 turn right Weight on LF(&), Step RF Forward (12:00)
3&4 Step LF forward, Step RF next to LF (&) Step LF Forward,
5-6, Rock RF Forward, Recover Weight on LF,
7-8 1/4 turn right, Rock RF to R side, Rock LF to L Side(Weight on LF).(3:00)

REPEAT

*Ending: Last wall (wall 7) starts facing (6:00), dance 11 count, then 1/4 turn Left step LF to L Side –Facing (12:00).

Enjoy and happy Dancing...

Contact: karenlee778@gmail.com