

Corona for Breakfast

COPPER KNOB
STEPSHEETS

拍数: 70 墙数: 2 级数: Phrased Intermediate
编舞者: Frédéric Marchand (FR) - 1 October 2022
音乐: Beer for Breakfast - JB and the Moonshine Band



Intro : 32 counts - Start on the lyrics - Bodyweight on the left foot
Séq: A32 - B38 - A32 - B38 - A32 - B32 - B16 - Ending 12

PART A : 32 COUNTS

S1A SLOW SAILOR STEP R & L, CROSS R BEHIND, SYNCOPATED WEAVE L

1-2-3 Cross Right Behind (1) - Step Left to Left side (2) - Step Right to Right side (3) [12 o'clock]
4-5-6 Cross Left Behind (4) - Step Right to Right side (5) - Step Left to Left side (6)
7&8 Cross Right Behind (7) - Step Left to Left side (&) - Cross Right over Left (8)
&1 Step Left to Left side (&) - Cross Right behind Left (1)

S2A SIDE L, HEEL TAP R, 1/4 TURN R, 1/2 TURN R, TRIPLE STEP 1/2 TURN R, WALK L&R

2-3-4 Step Left to Left side (2) - Tap the Right heel to the ground two time (weight on L) (3 - 4)
5-6 Make 1/4 turn Right stepping Right Fwd (5) [03 o'clock] - Make 1/2 turn Right stepping Left Back (6) [09 O'clock]
7&8 Make 1/4 turn Right stepping Right to Right side (7) - Step Left next to Right (&) - Make 1/4 turn Right stepping Right Fwd (8) [03 o'clock]
&1 Step Left Fwd (&) - Step Right Fwd (1)

S3A KICK L, BACK L, POINT BACK R, ROCK STEP R, 1/4 TURN R WITH SLIDE R, DRAG L

2-3-4 Kick Left Fwd (2) - Step Left Back (3) - Point Right Back (4)
5-6 Step Right Fwd (5) - Recover Left (6)
7-8 Make 1/4 turn Right with Big step Right to Right side (7) - Drag Left next to the Right (Weight Ends On R) (8) [06 o'clock]

S4A SIDE ROCK L & R, JAZZ BOX

1-2& Step Left to Left side (1) - Recover on Right (2) - Close Left at side of Right (&)
3-4 Step Right to Right side (3) - Recover on Left (4)
5-6 Cross Right over Left (5) - Step Left back (6)
7-8 Step Right to Right side (7) - Step Left Fwd (8)

PART B : 38 COMPTES

S1B KICK R & L, TRIPLE STEP R, ROCK STEP L, RECOVER R, SIDE TRIPLE 1/4 TURN L

1&2& Kick Right Fwd (1) - Close Right at side of Left (&) - Kick Left Fwd (2) - Close Left at side of Right (&)
3&4 Step Right Fwd (3) - Lock Left behind Right (&) - Step Right Fwd (4) [06 o'clock]
5-6 Step Left Fwd (5) - Recover on Right (6)
7&8 Make 1/8 turn Left step Left to Left Side (7) [4:30] - Step Right next to the Left (&) - Make 1/8 turn Left step Left to Left Side (8) [03 o'clock]

S2B CROSS SIDE HEEL JACK R & L, ROCK STEP R, RECOVER L, COASTER STEP R

1&2& Cross Right Over Left (1) - Step Left to Left Side (&) - Touch Right Heel Diagonally Forward Right (2) - Step Right Next to Left (&)
3&4& Cross Left Over Right (3) - Step Right to Right Side (&) - Touch Left Heel Diagonally Forward Left (4) - Step Left next to the Right (&)
5-6 Step Right Fwd (5) - Recover on Left (6)
7&8 Step Right back (7) - Step Left next to the Right (&) - Step Right Fwd (8)

S3B ROCK STEP L, RECOVER R, TRIPLE FULL TURN L, ROCK STEP R, RECOVER L, TRIPLE FULL

TURN R

- 1-2 Step Left Fwd (1) - Recover on Right (2)
3&4 Make 1/2 turn Left stepping Left Fwd (3) - Make 1/4 turn Left and close Right next to Left (&) -
Make 1/4 turn Left stepping Left Fwd (4)
5-6 Step Right Fwd (5) - Recover on Left (6)
7&8 Make 1/2 turn Right stepping Right Fwd (7) - Make 1/4 turn Right and close Left next to Right (&) -
Make 1/4 turn Right stepping Right Fwd (8)

S4B CROSS L, SIDE R, SAILOR STEP L, HEEL GRIND 1/4 TURN R, COASTER STEP R

- 1-2 Cross Left Over Right (1) - Step Right to Right Side (2)
3&4 Cross Left Behind (3) - Step Right to Right side (&) - Step Left to Left side (4)
5-6 Step Right Heel Fwd (5) - Make 1/4 Turn Right stepping Left slightly back (6) [06 o'clock]
7&8 Step Right back (7) - Step Left next to the Right (&) - Step Right Fwd (8)

REPEAT Section 3B & 4B here on the wall 6 facing 06 o'clock

S5B V STEP R, APPLEJACKS

- 1-2 Step Left Fwd into Left diagonal (Out) (1) - Step Right Fwd into Right diagonal (Out) (2)
3-4 Step Left back (IN) (3) - Step Right together (IN) (4)
&5 On ball of Right foot and heel of Left Swivel the right heel and the left toe to the left (&) -
Return to center (5)
&6 On ball of Left foot and heel of Right Swivel the left heel and the right toe to the right (&) -
Return to center (6) (Weight Ends On Left)

ENDING REPLACE SECTION 5B on the wall 6 after the repeat

MODIFIED V STEP R, HOLD, STEP 1/2 TURN L STEP, LOW STEP 3/4 TURN R, SAILOR STEP R

- 1-2 Step Left Fwd into Left diagonal (Out) (1) - Step Right Fwd into Right diagonal (Out) (2) [09
o'clock]
3&4 Step Left back (3) - Step Right next to the Left (&) - Step Left Fwd (4)
5-6&7 Hold (5) - Step Right Fwd (6) - 1/2 Turn Left (&) - Step Right Fwd (7) [03 o'clock]
8-1-2 Step Left Fwd (8) - Make 3/4 turn Right (keep weight onto LF) (1-2) [12 o'clock]
3&4 Cross Right Behind (3) - Step Left to Left side (&) - Step Right to Left Right (4)

INTRO: 32

- 1 - A32 (Start 12 o'clock – End 06 o'clock)
2 - B38 (Start 06 o'clock – End 06 o'clock)
3 - A32 (Start 06 o'clock – End 12 o'clock)
4 - B38 (Start 12 o'clock – End 12 o'clock)
5 - A32 (Start 12 o'clock – End 06 o'clock)
6 - B32 (Start 06 o'clock – End 06 o'clock)
6 - B16 (Start 06 o'clock – End 09 o'clock) REPEAT Section 3&4

ENDING - 12 (Start 09 o'clock – End 12 o'clock)

Start again with a smile V1-UK-FM le 01/10/2022

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