

High Heels

拍数: 32 墙数: 4 级数: Improver
编舞者: Lisa M. Johns-Grose (USA) - October 2022
音乐: High Heels - Flo Rida & Walker Hayes



Music Available At: www.amazon.com

****Re-Start after 16cts on walls 3 & 8**

***** TAG after wall 5**

R ROCK FWD-REC L- R COASTER- L HEEL GRIND ¼ L-L COASTER

- 1-2 Rock forward right, recover left
- 3&4 Step right back, step left next to right, step right forward
- 5-6 Touch left heel forward w/ toes facing in (right), swivel toes out (left) while making a ¼ turn left (weight on right)
- 7-8 Step left back, step right next to left, step left forward

R ROCK FWD- REC L- R SHUFFLE BACK- L STEP BACK- R HOOK- WALK-R-L

- 1-2 Rock forward right, recover left
- 3&4 Step right back, step left next to right, step right back
- 5-6 Step back left, hook right across left shin
- 7-8 Walk forward right, left

**** Re-Start here on walls 3 & 8**

R CROSS- L POINT- L CROSS- R POINT

- 1-2 Step right across left, point left to left side
- 3-4 Step left across right, point right to right side

R CROSS- HINGE ¼ R- HINGE ¼ R- CROSS R OVER L

- 5-6 Step right across left, step left back making ¼ turn right
- 7-8 Step right ¼ right, step left across right

R SIDE- L TOG- R SHUFFLE FWD- L SIDE- R TOG- L SHUFFLE FWD

- 1-2 Step right to right, step left next to right
- 3&4 Shuffle forward right, left, right
- 5-6 Step left to left, step right next to left
- 7&8 Shuffle forward left, right, left

BEGIN AGAIN!

*****TAG- AFTER wall 5**

R KICKBALL STEP 2x's

- 1&2 Kick right forward, step right next to left, step left forward
- 3&4 Kick right forward, step right next to left, step left forward