

CRUSH - Rush Hour

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: KimSam (KOR) - October 2022
音乐: Rush Hour - Crush



Intro: 20 Counts
No Tag
No Restart

[1- 8] STEP SIDE, STEP TOUCHx4, SHIMMY & HIP BUMPx4

1&2& Step R waeight on right (1), step L ball touch (&), Step L waeight on left (2), step R ball touch (&)
3&4& Step R waeight on right (1), step L ball touch (&), Step L waeight on left (2), step R ball touch (&)
5&6& Step R waeight on right with hip bump (5), shimmy& hip bump (&), shimmy&hip bump (6), shimmy& hip bump (&)
7&8& Step R waeight on right with hip bump (5), shimmy& hip bump (&), shimmy&hip bump (6), shimmy& hip bump (&)

[9- 16] STEP SIDE, STEP TOUCHx4, SHIMMY & HIP BUMPx4

1&2& Step L waeight on left (1), step R ball touch (&), Step R waeight on right (2), step L ball touch (&)
3&4& Step L waeight on left (1), step R ball touch (&), Step R waeight on right (2), step L ball touch (&)
5&6& Step L waeight on with hip bump (5), shimmy& hip bump (&), shimmy&hip bump (6), shimmy& hip bump (&)
7&8& Step R waeight on with hip bump (5), shimmy& hip bump (&), shimmy&hip bump (6), shimmy& hip bump (&)

[17-24] STEP BACK, STEP HITCH x2, STEP COSTER, HITCH, STEP SHUFFLE, 1/4 TURN.R STEP SHUFFLE

1&2& Step L back (1), step R hitch (&), step R back (2), step L hitch (&)
3&4& Step L back (3), step R next to L (&) Step L fwd (4) step R hitch (&)
5&6& Step R to R side (5), step L beside R (&) step R to R (6) step L hitch (&)
7&8& Step ¼turn right L to L side (7), step R beside L (&), step L to L (8) step R hitch (&)

[25-32] 1/4 TURN.R STEP SHUFFLE, 1/4 TURN.R TEP SHFFLE, ON PLACE KNEE BOUNCE (R-L)x2

1&2& ¼turn right R to R (1), step L beside R (&), step R to R (2), step L hitch (&)
3&4 ¼turn right L to L (3), step R beside L (&), step L to L (4)
5&6& Step L waeight on bend knee (5), Step L knee up (&), Step R waeight on bend knee (5), Step R knee up (&) (bounce knees and swing arms freely)
7&8& Step L waeight on bend knee (5), Step L knee up (&), Step R waeight on bend knee (5), Step R knee up (&) (bounce knees and swing arms freely)

(Option: You can switch left and right)

Have fun with line dancing - KimSam
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