

September Fields

拍数: 32 墙数: 4 级数: Beginner
编舞者: Malene Jakobsen (DK) - October 2022
音乐: September Fields - Frazey Ford : (iTunes)



Intro: 32 counts from the beginning 17 sec. seconds into track, dance begins with weight on R
Restart: There is one restart, happens on wall 7 after 8 counts, you'll be facing 6.00

[1-8] Cross, point, cross, point, weave

1-2-3-4 (1) Cross L over R, (2), point R to R, (3) cross R over L, (4) point L to L 12.00
5-6-7-8 (5) Cross L over R, (6) step R to R, (7) cross L behind R, (8) step R to R 12.00

NOTE: The restart is here on wall 7, you'll be facing 6.00

[9-16] Cross rock, chassé, cross, side, sailor 1/4

1-2 (1) Rock L across R, (2) recover onto R, 12.00
3&4 (3) Step L to L, (&) step R next to L, (4) step L to L 12.00
5-6 (5) Cross R over L, (6) step L to L 12.00
7&8 (7) Turn 1/4 R stepping back on R, (&) step L next to R, (8) step fwd. on R 3.00

[17-24] Fwd. rock, shuffle back, back rock, shuffle fwd.

1-2 (1) Rock fwd. on L, (2) recover onto R 3.00
3&4 (3) Step back on L, (&) step R next to L, (4) step back on L 3.00
5-6 (5) Rock back on R, (6) recover onto L 3.00
7&8 (7) Step fwd. on R (&) step L next to R, (8) step fwd. on R 3.00

[25-32] Fwd. rock, coaster cross, side, together, chassé

1-2 (1) Rock fwd. on L, (2) recover onto R, 3.00
3&4 (3) Step back on L, (&) step R next to L, (4) cross L over R 3.00
5-6 (5) Step R to R, (6) step L next to R 3.00
7&8 (7) Step R to R, (&) step L next to R, (8) step R to R