Caroling Carolina

拍数: 32	墙数: 4	级数: High Improver

编舞者: Mark Paulino (USA) - 1 October 2022

音乐: She Had Me At Heads Carolina - Cole Swindell

Starts: 16 counts

[1 – 8] SLIDE WITH HEEL DRAG, CROSS BEHIND ROCK RECOVER, SWAY R, SWAY L, HIPS SCOOP R, RECOVER

1 2	L big side step as R heel drags towards L
3 4	R cross rock behind L, recover on L
5 6	Sway hips R, sway hips L
7 8	Scoop hips down and up towards R, recover back on L
	H

[9 – 16] CROSS BEHIND ROCK RECOVER, SIDE SHUFFLE, CROSS BEHIND ROCK RECOVER, ¼ TURN X2

1 2	R cross rock behind L, recover on L
3&4	R side step, L steps besides R, R side steps
5 6	L cross rock behind R, recover on R
7 8	L side step with ¼ turn R, ¼ turn R with R side step 6:00

[17 – 24] CROSS POINT, CROSS POINT, ½ TURN CROSS POINT, CROSS POINT

1 2	L cross over R, R side point
3 4	R cross over L, L side point
5 6	½ turn R with L crossing over R, R side point 12:00
7 8	R cross behind L, L side point

[25 – 32] BACK ROCK RECOVER, L SHUFFLE FORWARD, ¼ TURN SIDE ROCK RECOVER, CROSS BEHIND FULL TURN UNWIND

1 2	L rocks back, recover on R
3&4	L steps forward, R steps besides L, L steps forward
5 6	¼ turn L with R side rock, recover on L 9:00
7 8	R toe touch crossing behind L, full turn unwind weight shifting from L to R

EZ OPTION: Replace cross behind with full turn unwind with: 7&8 Cross R behind L, L side step, cross R over L

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