

Country Heartbeat

COPPER KNOB
STEPSHEETS

拍数: 32
编舞者: Freda Fagan (UK) - August 2022
音乐: Country - Mo Pitney

墙数: 4

级数: Beginner / Improver



Start on lyrics – There are 2 Tags/Restarts

Sec 1: STEP, LOCK, STEP, LOCK, STEP (x2)

1-2 Step forward on right, lock left behind right
3&4 Step forward on right, lock left behind right, step forward on right
5-6 Step forward on left, lock right behind left
7&8 Step forward on left, lock right behind left, step forward on left

Sec 2: FORWARD ROCK, SWEEP BACK (x4), COASTER STEP

1-2 Rock forward on right, recover onto left
3-4 Sweep right back stepping down on right, sweep left back stepping down on left

*Tag and restart here on wall 3

5-6 Sweep right back stepping down on right, sweep left back stepping down on left
7&8 Step back on right, step left beside right, step forward on right

Sec 3: PIVOT ¼ TURN, CROSS SHUFFLE, SIDE, BEHIND, CHASSE RIGHT

1-2 Step forward on left, pivot ¼ turn right (3.00)
3&4 Cross left over right, step right to right side, cross left over right

Tag and restart here on wall 6

5-6 Step right to right side, cross left behind right,
7&8 Step right to right side, step left beside right, step right to right side

Sec 4: PIVOT ½ TURN, SHUFFLE, PADDLE ¼ TURN (x2)

1-2 Step forward on left, pivot ½ turn right (9.00)
3&4 Shuffle forward, stepping – left, right, left
5-6 Step forward on right, pivot ¼ turn left (6.00)
7-8 Step forward on right, pivot ¼ turn left (3.00)

Begin again

*TAG: After 12 counts on wall 3 and 20 counts on wall 6 add the following tag and restart the dance from the beginning

SIDE, TOUCH, SIDE, TOUCH

1-2 Step right to right side, touch left beside right
3-4 Step left to left side, touch right beside left

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