

DNA

拍数: 32 墙数: 4 级数: Improver
编舞者: Dan Moon (USA) - September 2022
音乐: DNA - Craig David & Galantis



No Restarts

Jump forward & back, Triples:

- 1&, 2 - Jump forward R, L, pause
- &3, 4 - Jump back L, R, pause
- 5&6 - Triple forward R L R
- 7&8 - Half turn over L as you triple L R L

(Now facing 6 o'clock)

Step Hip Bumps (x2), Sailor Steps (x2):

- &1&2 - Step R back as you tap L toe, hip bump L
- &3&4 - Step L back as you tap R toe, hip bump R
- 5&6 - Sailor R L R
- 7&8 - Sailor step L R L as you 1/4 turn L

(Now facing 3 o'clock)

Walk, Kick, Point, Half-Turn, Coaster Cross:

- 1, 2 - Walk fwd R, L
- 3,4 - Kick R, step R back
- 5, 6 - Point L behind, 1/2 turn over L shoulder
- 7&8 - Coaster step L R L (end with L crossed over R)

(Now facing 9 o'clock)

Side Chassé, Rock, Triple, Spin:

- 1&2 - Chassé to the right, R L R
- 3,4 - Rock onto your L as you put it behind R, recover onto R w/ 1/4 turn L (facing 6 o'clock)
- 5&6 - Triple forward L R L
- 7, 8 - Option 1: 1 & 1/4 turn L

Option 2: Step R forward, pivot 1/4 L

(End up facing 3 o'clock)

Enjoy!!!