

High Note

拍数: 32 墙数: 2 级数: Intermediate NC2
编舞者: Ria Vos (NL) - September 2022
音乐: High Note - Brothers Osborne : (Album: Skeletons)



Intro: 32 Counts

Basic NC L, Side, Behind, ¼ R, Step Spiral ¾ Turn R, Sway R-L, Scissor Cross

1-2& Step L to L Side, Step R Behind L, Cross L Over R
3-4& Step R to R Side, Step L Behind R, ¼ Turn R Step Fwd on R (3:00)
5 Step Fwd on L and Turn ¾ Turn R on L Foot (12:00)
6-7 Step and Sway R to R Side, Sway L
8&1 Step R to R Side, Step L Next to R, Cross R Over L

Side, Together, 1/8 R Back, Coaster Step, Swivel ½ L- ½ R, Step Pivot ½ R, Step Fwd

2&3 Step L to L Side, Step R Next to L, 1/8 R Step Back on L (1:30)
4&5 Step Back on R, Step L Next to R, Step Fwd on R
6-7 Swivel on Both Feet ½ L, Swivel ½ R (weight on R) (1:30)
8&1 Step Fwd on L, Pivot ½ Turn R, Step Fwd on L (7:30)

Mambo Step, Sailor ¾ L, Step Fwd, ½ R, Shuffle ½ R w/Sweep ¼ R

2&3 Rock Fwd on R, Recover on L, Step Back on R Sweeping L
4&5 Step L Behind R ¾ Turn L, Step R Next to L, Step Fwd on L (3:00)
6-7 Step Fwd on R, ½ Turn R Step Back on L (9:00)
8&1 Shuffle ½ Turn R Stepping R-L-R Sweeping L into another ¼ Turn R (6:00)

Cross, Side, Behind-Side-Cross, Side Rock-Cross, Point-Touch

2-3 Cross L Over R, Step R to R Side
4& Step L Behind R, Step R to R Side ***Restart Point
5 Cross L Over R
6&7 Rock R to R Side, Recover on L, Cross R Over L
8& Point L to L Side, Touch L Next to R

Tag: After wall 2, 4, 6 (this occurs everytime when facing 12:00)

1-2& Step L to L Side, Step R Behind L, Cross L Over R
3-4 Step and Sway R to R Side, Sway L
5-6& Step R to R Side, Step L Behind R, Cross R Over L
7-8 Step and Sway L to L Side, Sway R

Restart: On wall 5 after count 28& (facing 6:00)