

Belly Dancer

拍数: 32 墙数: 4 级数: Advanced
编舞者: Hiroko Carlsson (AUS) - September 2022
音乐: Belly Dancer - Imanbek & BYOR : (Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 32 count)

[S1] 2x Hip Roll Paddle L, Cross-Side-Rock Behind-Side-Reverse Triple Turn-

1 2 Step forward on R making a ¼ turn to the left with hip rolls (9:00), Recover weight on L
3 4 Step forward on R making a ¼ turn to the left with hip rolls (6:00), Recover weight on L
5&6& Cross R over L, Step L to the side, Rock R behind L, Replace weight on L
7&8& Step R to the side (7), Make a reverse full triple turn left on the spot L-R-L (&8&)

[S2] -Point Fwd, Rock Back, Side-Together-Side, Touch, Back, 1 and ¼ R Run Around (on the spot)-

1 2& Point forward on R, Rock back on R, Replace weight on L
3&4 Step R to the side, Step L together, Step R to the side
5 6 Touch L next to R (optional: with shoulder pop/R shoulder up & drop-down L shoulder), Rock back on L (prep for "recover" into run around turn)
7&8& Recover/step forward on R making a ¼ turn right (7) (9:00), Triple turn R on the spot L-R-L (&8&) (9:00)

-Restart here on Wall 7

[S3] -Fwd, Tap-Back-Back-Tap-Step Pivot 1/2R, Fwd, Tap-Back-Back Rock-Fwd-

1 2& Step forward on R, Tap L close to R, Step back on L
3&4& Step back on R, Tap L close to R, Step forward on L, Make a ½ turn right recover weight on R (3:00)
5 6& Step forward on L, Tap R close to L, Step back on R
7&8 Rock back on L, Replace weight on R, Step forward on L

[S4] -Out-Out, Knee Roll In R-L, In-In, Step-Pivot 1/2L-Touch, L Hip Push

&1 Step R out to the side, Step L out to the side
2& R knee roll in, Replace/R knee roll out
3 4 L knee roll in, Replace/L knee roll out
&5 Step R back to the centre, Step L next to R
6&7 Step forward on R, Make a ½ turn left recover weight on L (9:00), Touch R next to L
8& L hip bump to the left, Replace to the centre (left hip up & down)

Restart on Wall 7 count 16 (3:00)

Ending suggestion: The last wall ends facing 9:00 o'clock.

(updated: 28/Sept/22)