

# Woman Amen

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Candy Sherwin (USA) - September 2022  
音乐: Woman, Amen - Dierks Bentley



## #32 Count Intro

### (1-8) Walk, hold, Lock shuffle forward, rock recover, ½ turn, ½ turn

1-2            Step RF forward (1), hold (2)  
3&4           Forward LF, Lock RF behind L, Forward LF  
5-8            RF forward, rock back on LF, ½ turn R stepping forward RF (6:00), ½ turn R stepping back on LF (12:00)

### (9-16) Back and drag, Coaster, Kick Ball Step, Kick Step Point

1-2            Step RF back, hold and drag LF next to RF  
3&4            LF back, Step RF next to LF, Step LF forward  
5&6            Kick RF forward, Step RF ball next to LF, Step LF slightly forward  
7&8            Kick RF forward, Step RF ball next to LF, Point LF side

**\*Re-start here during Wall 3**

### (17-24) Step and Point, Hold, Slow Sailor Step, Rolling grapevine

&1-2          Step LF next to R, point RF side, hold  
3-5            step RF behind LF, step LF side ¼ turn R (3:00), step RF side (slowed down sailor step)  
6-8            Step LF forward ¼ turn L (12:00), step RF side ¼ L (9:00), step LF side ½ turn L (3:00) (Turn is a rolling grapevine)

### (25-32) Walk, Hold, Walk, Hold, Forward Mambo, Coaster

1-4            Step RF ¼ turn R (6:00), hold, step LF forward, hold  
5&6            RF forward, Rock back LF, Step RF back (Mambo)  
7&8            Step LF back, Step RF next to LF, Step LF forward (coaster step)

## TAG END OF WALL 9 (Starting Wall 10) AFTER DANCING LAST COUNT OF 8, ADD TAG, RE-START 12:00

1-4            Step RF forward, ½ pivot to LF, Step RF forward, ½ pivot to LF  
5&6            RF forward, Rock back LF, Step RF next to LF (Mambo)  
7&8            Step LF back, Step RF next to LF, Step LF forward (coaster step)

**START AGAIN AND ENJOY!**

To finish with a clean ending, last wall is 6:00, dance 1st 8 and make ½ turn R stepping R forward to 12:00.

Last Update: 6 Oct 2022