

Waking Up Dreaming

拍数: 48 墙数: 2 级数: Intermediate
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音乐: Waking Up Dreaming - Shania Twain



Intro: 16 Counts, Start at approx 6 secs

SEC 1: Step Lock Step, Mambo, Back Lock Back, Coaster Step

1&2 Step right forward, lock left behind right, step right forward
3&4 Rock left forward, recover weight onto right, step left back
5&6 Step right back, lock left over right, step right back
7&8 Step left back, step right beside left, step left forward

SEC 2: Rumba Box, Side Strut, Cross Strut, Side Rock Cross

1&2 Step right to right, step left beside right, step right forward
3&4 Step left to left, step right beside left, step left back
5& Touch right to right, drop right heel
6& Touch left over right, drop left heel
7&8 Rock right to right, recover weight onto left, cross right over left

SEC 3: Step, ½ Pivot, ¼ Side, Touch, Dwight Yoakhams, Kick, Weave

1-2 Step left forward, pivot ½ right transferring weight onto right (6:00)
3-4 Turn ¼ right step left to left, touch right beside left (9:00)
5& Touch right beside left twisting left heel to right, touch right heel beside left twist left toe to right
6& Touch right beside left twisting left heel to right, kick right to right diagonal
7&8 Step right behind left, step left to left, cross right over left

SEC 4: Cross Rock, Side Rock, ¼ Sailor Turn, Cross Rock, Side Rock, ½ Sailor Turn

1&2& Cross rock left over right, recover weight onto right, rock left to left, recover weight onto right
3&4 Turn ¼ left step left behind right, step right to right, step left to left (6:00)
5&6& Cross rock right over left, recover weight onto left, rock right to right, recover weight onto left
7&8 Turn ¼ right step right behind left, turn ¼ right step left to left, step right to right (12:00)

Restart Here on Wall 2, Change count 8 to touch right beside left

SEC 5: Step, ½ Turn, Step, Step, ¼ Turn, Step, ¼ Grapevine, ¼ Side, Swivel Heels, Toes, Heels, Toes

1&2 Step left forward, pivot ½ right transferring weight onto right, step left forward (6:00)
3&4 Step right forward, pivot ¼ left transferring weight onto left, step right forward (3:00)
5&6& Step left to left, step right behind left, turn ¼ left step left forward, turn ¼ left step right to right (9:00)
7&8& Twist both heels to right, twist both toes to right, twist both heels to right, twist both toes to right

SEC 6: ½ Monterey, ¼ Monterey, Mambo, Coaster Step, Scuff

1&2& Point left to left, turn ½ left step left beside right, point right to right, touch right beside left (3:00)
3&4& Point right to right, turn ¼ right step right beside left, point left to left, step left beside right (6:00)
5&6 Rock right forward, recover weight onto left, step right back
7&8& Step left back, step right beside left, step left forward, scuff right forward