

I Try

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Alison Johnstone (AUS) & Heather Jayne Endall (AUS) - September 2022
音乐: I Try - Macy Gray



Restarts: Every time you arrive at the Back Wall 16 counts and Restart. End of Walls 1, 4 & 7 VERY EASY
Start: On Vocals "Games, Changes & Fears" -8 counts from first sound

(1-8) SIDE, BEHIND, SIDE (&), CROSS ROCK, RECOVER, SIDE, WALK X 3, ½ PIVOT RT, ½ RT STEP BACK ON LFT (&) (12.00)

1 2& Step Lft side, Step Rt behind Lft, Step Lft side (&)
3 4& Cross rock Rt over Lft, Recover Lft, Step Rt side (&)
5 6 Walk fwd Lft, Walk fwd Rt
7 8& Walk fwd Lft, Pivot ½ over Rt weight on Lft, ½ over Rt stepping back on Lft (&)

(9-16) STEP BACK, COASTER STEP, STEP FWD, OUT (&) OUT, HOLD, ROCK FWD, RECOVER (12.00)

1 Step back Rt
2&3 Step back on Lft, Step Rt beside Lft (&), Step Fwd Lft
4&5 Step fwd Rt, Step Lft to side (&), Step Rt to side
6 Hold
7 8 Rock fwd on Lft, Recover on Rt

**** RESTART END WALLS 1, 4 & 7 I.E. EVERY TIME YOU FINISH THE DANCE AT THE BACK, DANCE THE FIRST 16 COUNTS AND RESTART TO THE BACK****

(17-24) BALL (&), ROCK, RECOVER, ½ RT (&), ROCK, RECOVER, ¼ LFT (&), SERPIENTE WEAVE (3.00)

&1 2& Ball step Lft beside Rt (&), Rock fwd Rt, Recover Lft, ½ over Rt stepping fwd on Rt (6.00)
3 4& Rock fwd on Lft, Recover on RT, ¼ over Lft stepping side on Lft (3.00)
5 6& Cross Rt over Lft sweeping Lft, Cross Lft over Rt, Step Rt Side (&)
7 8& Step Lft behind Rt sweeping Rt, Step Rt behind Lft, Step Lft to side (&)

(25-32) CROSS, UNWIND ¾ LFT, STEP SIDE SWAY, SWAY, STEP FWD, SPIRAL RT, FWD, TOG, FWD, TOUCH (6.00)

1, 2 Cross Rt over Lft, Unwind ¾ over Lft taking weight on Lft (6.00)
3 4 Step Rt to side swaying hips Rt, Sway hips to Lft taking weight on Lft
5 6 Step fwd Rt, Step fwd Lft making a spiral over Rt (option to simply step Fwd)
7&8& Tiny Run fwd stepping Rt, Together (&), Rt fwd, Touch Lft beside Rt (&)

START AGAIN

**ENDING: You will be facing the BACK simply dance to count to count 7 of last 8 (after the spiral)
Then simply run run run turning a ½ over LFT to 12.00 on 7&8& then step fwd on RT**

TADA!!!

We hope you enjoy our dance to this fantastic song – the words really resonated with both of us